

BALTIMORE ROAD RUNNERS CLUB

PRESIDENT

Les Kinion
1363 Halstead Road
Baltimore, Maryland 21234
(301) 668-3766

VICE PRESIDENT: Joe Holland

SECRETARY: Tim Giles

1974 Winter Marathon Development Series

December 22
Saturday---Noon

Third annual Baltimore Road Runners Club Half-Marathon, Lake Montebello. Trophy to 1st finisher; tee-shirts to all finishers. \$1 entry fee. 2.7-mile Run For Fun race at 11 a.m. Call Les Kinion at 668-3766. Baltimore Beltway Exit 30 Perring Parkway south Hillen road (same street) straight to 33rd street, sharp left onto lake area, $\frac{1}{4}$ mile to pump house on left.

December 30
Sunday---2 p.m.

Don Heinecke 12-mile run, Mt. Hebron High School. Baltimore Beltway exit 16 to Route 29 north to Route 99, turn left to school. Meal to all finishers. No run for fun. Call Don Heinecke, CE3-3200

January 6
Sunday---2 p.m.

10 miles, Patterson Park. By bath house, Linwood avenue side. 2-mile run for fun. \$1 entry fee. Mugs to all finishers. Call Ed Hewitt, 661-6013.

January 13
Sunday---9 a.m.

12 mile race, 6-mile race and 2-mile run for fun. Loch Raven dam. Baltimore Beltway to Exit 29, Cromwell Bridge road, east to Loch Raven road, left at restaurant to parking lot at top of dam. Awards to first 3 in 12-miler and 6 miler. No entry fee and no prizes in run for fun. Call Bill Diegel, 661-4359

January 20
Sunday---noon

4-man distance medley relay, Lake Montebello. 1.35 miles, 2.92 miles, 5.84 miles, 8.76 miles for total 18.87 miles. Medals to first 3 teams. 2-mile run for fun. Call Alex Drabkowski, 592-8774.

January 27
Sunday---1 p.m.

15-mile race sponsored by D.C. Road Runners club. Columbia, Md. Directions to be announced. Call Tim Giles, 997-2719

February 3
Sunday---9 a.m.

20 miles, Loch Raven (see directions for January 13) Awards to first 10. 2-mile run for fun. Call Sandy Shapiro, 532-7130.

February 10
Sunday---

15 kilometers (9 miles plus), Harford county. Kennedy expressway or U.S. 40 north to Bel Air road (Md. 24) north from U.S. 40 or south from JFK on Md. 24 to Old Philadelphia road (Md. 7) stop light. West on Md. 7 $\frac{1}{2}$ 0.8 miles to bridge over Winters Run. Parking 50 feet past bridge on right. Call Rick Warren, 671-2801 or Les Kinion, 668-3766.

The ROAD RUNNERS CLUB OF AMERICA STANDARDS
ACHIEVEMENT PROGRAM

September 1973

After long and careful study, the RRCA Standards Achievement Program has been significantly revised. The major changes have been a general sharpening of the standards for all events in all classes and the inclusion of a new category of standards for Veteran runners over age 50.

The standards for First Class, Second Class, Veterans (40) and Veterans (50) divisions are identical to those of the British RRC. It is felt that the First Class standards pose worthy incentives toward which the good club runner should aspire. The World Class and Champion Class were categories added by the RRCA to provide comparable achievement measures for truly outstanding athletes. Standards in these two classes are rigorous indeed and certificates for having met them will be hard earned. The standard for each distance in each class is keyed to the pace established for the marathon standard for that class.

To qualify for a certificate a runner must meet the time requirement in three separate races from events representing three sub-divisions in any one class. Thus a runner could not offer performances at both the 15 kilometers and the 10 miles in partial fulfillment of the requirement. This criterion is designed to test the runner's versatility and ability over a reasonable range of distances. The three performances must all be accomplished within the same calendar year. The runner must be an RRC member in good standing at the time his performances are achieved to be eligible for an RRCA Certificate. To be recognized all performances must have been achieved on a certified course (road races) or on a track.

Verification of performances and requests for the issuance of certificates must be made by either the President of the local RRC chapter or the appropriate RRCA Regional Vice President. They should be forwarded to the chairman of the RRCA Standards Achievement Program, Edward F. O'Connell at 5 Oneida Road, Winchester, Mass. 01890. The certificates will be signed by the National Committee Chairman and countersigned by the local RRC President or Regional Vice President.

- February 17
 Sunday---1 p.m.

Washington's Birthday Marathon, Beltsville, Md.
 tee-shirts to all finishers. Contact William
 Mish, 5615 Duchaine drive, Lanham, Md., 20801,
 phone (301) 459-5247 or Les Kinion, 668-3766
 Entry fee, \$2.
- February 24
 Sunday---2 P.M.

Sprint medley relay, 1.35 miles, 2.92 miles and
 1.35 miles for total 5.62 miles. Lake Montebello.
 Medals to **first** 3 teams. Call Paul Karaskavicz
 at 426-8918. Also 2.7 mile Run for Fun.
- March 3
 Sunday---

1-hour track run. Location and time to be announced.
 2-mile run for fun. Medals to first 5 finishers.
 Call Coy Brashears, 355-7763.
- March 10
 Sunday---10 a.m.

50 kilometers (31 miles), Lake Montebello. 2-mile
 run for fun. Joe Holland, 252-2106. This is the
 first race in the B. R. R. C. Championship Series.
- March 17
 Sunday---2 p.m.

3 miles. Northern High School. 2-mile run for fun.
 Medals to first 10. Call Filmore Dryden, 433-6384.
- March 24
 Sunday---1 p.m.

16 miles. Mt. Hebron High School (See directions,
 December 30 race). Mike Sabino, 465-1455. Awards
 to first 5. Also a 2 mile Run for Fun.
- March 31
 Sunday---9 a.m.

20 kilomoeters (12 miles plus), Hunt Valley Inn,
 on Schwan road, off Harrisburg expressway.
 Richard MacDonald, 667-0688. Also a 2 mile Run
 for FUN.
- April 15
 Monday---noon

Boston Marathon. As we have in past, we will
 arrange for plane reservations and hotel reservations
 at discount prices. Contact Joe Holland, 252-2106,
 or Les Kinion, 668-3766.

From Les Kinion, club president:

The first annual Maryland Marathon has finally become a reality. I'm proud to say along with the club and commission members who worked long and hard on the project that this was one of the finest coordinating marathons I have ever had the pleasure of running. Of 72 Baltimore Road Runners Club members, 41 ran and 39 completed the race. Congratulations to everyone.

Our Maryland Marathon Development Series was also a success. But I think we have to get more of the people who went into this marathon with no pre-race competition out for this series next year. You will never know your potential by just training. You have to get out and race. This way you learn pace, taking liquids on the run, fighting that overall fatigue feeling and, most of all, endurance and confidence that you can go the distance at race pace. Let's spread the word next year so that this series can really develop and train these inexperienced marathoners to finish the race in a reputable time. Don't forget that Boston is just around the corner.

Our club is really building, double what we had last year. A weekly schedule seems to be desired and so we will continue this practice. The Baltimore and D.C. road runners clubs' 24-hour relay is the second largest relay in the country. The Runners World relay in California is bigger, but that is where the race was born. With fewer competitors, our runners ran more than 200 miles more than they did. We are trying to make this year's race the Runners World Eastern championship. The results are completed and all competitors will receive them shortly. Thanks to Bob Rothenberg for a job well done--a little slow but it's here.

Congratulations to Rick Warren for his second place, 5.45.14, finish in the AAU national 50-mile championship in New York.

During our next series we will start a Baltimore Road Runners Club championship series of four races: 15 kilometers, 25 kilometers, 30 kilometers and 50 kilometers in the winter, spring, summer and fall. To qualify for the awards, at least three of the four races will have to be run. Only Road Runners club members will be eligible. In conjunction with the series, results will be sent to the national road runners club and standard certificates will be awarded. Certificates will be given according to the standards on the enclosed form.

The next club meeting will be held at 7.30 p.m. January 11 at 1363 Halstead road. A slate of officers will be nominated by the nominating committee and voted on by the membership. Nominations can also be made from the floor. Come and vote for the people of your choice. Refreshments will be served.

Memberships are up for renewal January 1 and can be paid at this meeting.

December 22, 1973---Third annual half marathon. Temperature 39 degrees, sunny and windy. Ice and snow on most of course for about 3 laps, which then melted. No competition for Sabino, but Donn Layne and Richard MacDonald had quite a race for second. Dog attacked Mike on second lap and knocked him down. Mike lost a few seconds but took off again. Les Kinion was presented a plaque from the club by Joe Holland.

1. Mike Sabino	72.15	17. Herman Sykes	96.00
2. Donn Layne	81.03	18. Alex Drabkowski	96.19
3. Richard MacDonald	81.16	19. Hy Levesseur	96.03
4. Turk Carter	83.32	20. Joe Conley	97.40
5. Paul Arnold	84.05	21. Marilyn Bevans	98.13
6. Ron MacLeod	84.05	22. John L. Sullivan	102.38
7. Bob MacBrien	85.00	23. Steve Rosasco	109.10
8. Don Cathcart	85.20	24. Margaret Rosasco	110.32
9. Bryan Denson	85.11	25. Mark Rosasco	109.10
10. Darrell Russell	87.02	Les Kinion	DNF
11. Russell Wolff	87.02	Steve Rosasco	DNF
12. Al Filar	88.29		
13. Bill Mattlack	88.29		
14. Bob Leatherman	92.40		
15. Henry Freeman	94.14		
16. Mel Walton	94.14		

December 30----Annual Don Heinecke 12-mile run. Because of energy crisis and resulting inability to use facilities of Mt. Hebron High School, race was switched to O'Donnell Pontiac in Howard County. Tough, hilly course, run in conjunction with D.C. Road Runners.

1. Mike Sabino	67.04	27. Ed Hewitt	88.47
2. Ray Morrison	70.39	28. Marilyn Bevans	88.55 <small>new record</small>
3. Mike Ward	72.22	29. Ellis Laitala	88.58
4. Jeff Good	73.21	30. Coy Brashears	89.47
5. Don Marvel	74.32	31. Harry Vantress	91.45
6. Tony Diamond	74.58	32. Francis Conley	94.00
7. Mike Naples	76.00	33. Kathy Good	94.47
8. Chuck Paul	78.33	34. Robert Williams	94.47
9. Richard MacDonald	79.48	35. Jack Ward	94.55
10. Bryan Denson	81.30	36. Mark Rosasco	96.04
11. Joseph Shea	82.15	37. Jim Friedman	97.11
12. Darrell Russell	83.20	38. Jack Coburn	97.14
13. Marty Sullivan	83.21	39. Dan Boggs	97.27
14. Rod Steele	84.19	40. George Richardson	98.54
15. Keith Marsden	84.25	41. Tim Good	99.48
16. Allen Greenberg	84.40	42. John Donohue	100.04
17. Stan England	85.23	43. Margaret Rosasco	100.25
18. Steve Rosasco Jr.	85.25	44. Steve Rosasco Sr.	106.51
19. Dick Jambor	85.27	45. Fred Weiland	106.03
20. Dick Hipp	85.35	46. Gordon English	106.05
21. Dan Fleisher	86.14	47. Ted Good	115.41
22. Ken Pugh	86.40	48. Joe Lacotera	118.00
23. Russell Wolfe	87.00	49. Gwen Good	DNF
24. J.H. Cochran	87.20	50. Henry Dale	DNF
25. Turk Carter	87.28	51. E. Pasromagna	DNF
26. Tom Barrett	88.45		

January 6, 1974----10 miler at Patterson Park. Cold and fairly raw day. However, 34 runners started. A year ago, there were about 14 runners for the same race, which illustrates the marked increase and interest in distance running.

1. Mike Sabino	52.08	18. Alex Drabkowski	69.57
2. Mike Ward	56.07	19. Dave Gorman	70.34
3. Jeff Good	57.24	20. Joe Conley	71.17
4. Bert Ayer	58.28	21. Mark Rosasco	72.45
5. Don Spicer	59.30	22. John Sullivan	73.22
6. Walt Conrad	59.53	23. Margaret Rosasco	73.27
7. John Hory	59.58	24. Shane Canfield	74.55
8. Steve Rosasco	60.40	25. Mike Hill	76.07
9. Mike McDermott	63.20	26. Bill Lo	81.18
10. Tom Carty	66.45	27. Mark Drabkowski	84.10
11. Coy Brashears	67.10	28. Ray Kiddy	85.25
12. Jim Harrison	67.10	29. Morris Roseman	91.27
13. Tom Barrett	68.26	Jack Coburn	DNF
14. Mark Smith	68.55	Bryan Denson	DNF
15. Dan Fleisher	68.58	England	DNF
16. Herman Sykes	69.29	Morris	DNF
17. Marilyn Bevans	69.42	Les Kinion	DNF

January 13, 1974----6 mile and 12 mile races at Loch Raven Dam. Temperature may have been lower than 19 degrees; this was temperature in city at race time. start was at 9 a.m. Many runners finished with ice in beards in moustaches. Took Ed Hewitt more than 5 minutes to throw out his beard.

6-mile race (average mile figured by Bill Diegel, race director)

1. Mike Ward	33.08	course record	5.31.3	per mile
2. Kurt Petrucci	35.47		5.57.8	
3. Steve Devault	36.47		6.08	
4. Les Kinion	37.45		6.17.5	
5. Dick Nair	38.14		6.22.5	
6. Mel Walton	39.50		6.38	
7. Dave Gorman	42.52		7.08.5	
8. Gus Jacobs	45.02		7.30	
9. Joe Lacetera	48.01		8.00	

12-mile race

1. Mike Sabino	64.38	course record	5.23.2	17. Alex Drabkowski	93.30
2. Don Marvel	72.25		6.02		(7.47.5)
3. Bob MacBrien	78.15		6.31.5	18. Ken Johnson	127.00
4. Coy Brashears	78.56		6.34.5		(10.35)
5. Henry Freeman	79.07		6.35.5	19. Dan Fleisher	DNF
6. Mike McDermott	79.09		6.36	20. George Adams	DNF
7. Bryan Denson	79.56		6.40		
8. Don Heinecke	83.28	course record	6.57		
9. Herman Sykes	83.55		6.59.5		
10. Burt Dall	83.57		6.69.7		
11. Ed Hewitt	85.01		7.05		
12. Alex Medina	85.10		7.06		
13. Bob Leatherman	87.00		7.15		
14. Joe Conley	87.40		7.18		
15. Mike Hill	90.31		7.33		
16. Jack Coburn	91.35		7.38		

1500

January 20, 1974---4-man distance relay, Lake Montebello.

1.35 miles, 2.92 miles, 5.84 miles and 8.76 miles for total 18.87 miles

First---Baltimore Olymoic Club

1. Jim Harrison 6.43
2. Frank Pflaging 22.42
3. Steve Mahieu 52.10
4. Mike Sabino

(cumulative times given)

1.39.01

Course record

Second---Delaware Road Runners "A"

1. Tom Lowman 6.50
2. Mike Husich 22.41
3. Steve Reid 54.51
4. Jim Bray

1.43.04

Third---Delaware Road Runners "B"

1. Jim Sadowski 6.46
2. Tony Hawkins 23.06
3. Rick Whaley 54.11
4. Ken Hunt 1.43.35

Fourth---Howard County Striders "A"

- ~~xxx~~ 1. Mark Moore 7.13
2. Scott Moore 23.27
3. Mike Ward 55.34
4. Jeff Good 1.43.51

Fifth---North Baltimore Track Club

1. Desmond McNellis 6.43
2. Kurt Petrucci 22.27
3. Paul Karaskavicz 57.20
4. Don Spicer 1.49.43

Sixth---R.A.S.A.C.

1. Joe Lacetera 8.33
2. Jack Coburn 27.11
3. Burt Dall 65.58
4. Rick Warren 1.52.37

Seventh---

1. Dave Gorman 7.25
2. Tony McMurtray 24.20
3. Harry Weetenkemp 60.33
4. Mike McDermott 1.57.13

Eighth---Howard County Striders "B"

1. Stan England 7.25
2. Larry Anderson 24.14
3. Don Heinecke 64.10
4. Bryan Denson 1.59.37

Ninth---Baltimore Road Runners

1. Bill Diegel 7.38
2. Dick Nair 24.20
3. Mel Walton 61.20
4. Henry Freeman 2.00.08

Tenth---Roustabouts

1. Steve S mkins 8.00
2. Dan Fleisher 27.00
3. John Roberts 68.28

4. Jack Watt 2.03.18

one team dropped out.

February 3, 1974----20 miler at Loch Raven Dam. 29 degrees, cold and misty
at 9 a.m.

1. Steve Mahieu	1.56.00	17. Joe Holland	2.31.40
2. Turk Carter	2.10.19	18. Joe Conley	2.33.15
3. Richard MacDonald	2.11.25	19. Bailey St. Clair	2.34.05
4. Bob McBrien	2.15.07	20. Marilyn Bevans	2.35.15 new record
5. John Hoey	2.15.10	21. Alex Drabkowski	2.35.55
6. Wayne Baker	2.15.11	22. Mel Walton	2.36.07
7. Bryan Denson	2.15.45	23. Jack Coburn	2.46.55
8. Burt Dall	2.18.48 new record	24. Coy Brashears	DNF
9. Mike McDermott	2.21.17	25. Jim Adams	DNF
10. Dick Nair	2.22.30	26. Kurt Petrucci	DNF
11. Bob Leatherman	2.24.05	27. Randy Dabney	DNF
12. Don Heinecká	2.25.55	28. Gus Jacobs	DNF
13. Don Heimiller	2.27.33	29. Joe Lacetera	DNF
14. Ed Hewitt	2.27.40	30. Tony Chapowki	DNF
15. Hal Piper	2.27.40	31. Mike Hill	DNF
16. Alex Dommerick	2.27.57		

February 10, 1974----15 kilometers. Weather clear, temperature 24 degrees
at start, 34 degrees at end of race. Ice, very heavy in spots, slowed
times dractically. about 6 inches of snow on ground.

1. Steve Mahieu	49.59.0	Course record	14. Randy Dabney	71.29
2. Rick Warren	51.14.5		15. Bill Di gel	72.15
3. Steve Rosasco	63.24		16. Greg Boehm r	75.01
4. Burt Dall	63.39	Course record	17. Joe Adams	75.55
5. Coy Brashears	65.01	*	18. Joe Lacetera	75.56
6. Dan Fleisher	65.19		19. Jim Adams	76.00
7. Bailey St. Clair	65.42		20. Ken Alford	76.21
8. Mark Rosasco	66.41		21. Marge Rosasco	81.46
9. Alex Drabkowski	66.55		22. Jim Miner	87.01
10. John Sullivan	67.25		Bob Dryden	50.24#
11. Mike Hill	69.33		Paul Resignato	51.11#
12. Steve Rohme	69.51		Les Kinion	52.40#
13. Jim Barnes	71.02		Kurt Petrucci	53.19#

* ran extra 0.3 miles # ran perimeter of course, 8.2 miles (disqualified)

February 17, 1974---Washington's Birthday Marathon, Beltsville, Md.

1. Sheldon Karlin, Washington Sports Club, 2:26.26
2. Gareth Hayes, North Carolina Track Club, 2:28:38
3. Max White, B.A.A., 2:29.09
4. Mike Sabino, Baltimore Olympic Club, 2:36.13

28th Jeff Good, 2.53.49

30th Les Kinion, 2.55.13

74th Don Marvel, 3.08.50

3th Mike McDermott 3.09.02

87th Bob McBrien 3.12.21

97th Burt Dall 3.14.57

Continue on next page

Washington's Birthday Marathon Continued:

100th Alex Dommerich	3.15.51	155th Mel Walton	3.28.08
101st Dick Nair	3.16.19	168th Joe Conley	3.31.58
103rd Sandy Shapiro	3.16.43	171st John Hoey	3.33.12
104th Coy Brashears	3.16.59	190th Ed Hewitt	3.44.39
110th Bailey St. Clair	3.19.46	196th Francis Chapelle	3.47.46
119th Turk Carter	3.21.59	213rd Henry Freeman	3.57.44
121st Wayne Baker	3.22.20	216th Herman Sykes	3.59.55
123rd Alex Medina	3.22.36	Alex Drabkowski	DNF
129th Don Heinecke	3.23.44	Bill Diegel	DNF
135th Dan Fleisher	3.24.26	Steve Mahieu	DNF
147th Hal Piper	3.26.17	Paul Rasilnato	DNF
150th Marilyn Bevana	3.26.38		

February 24, 1974---Sprint Medley Relay. 1.35 miles, 2.92 miles and 1.35 miles for total 5.62 miles at Lake Montebello. Every competitor was a teen-ager.

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|------------------------------------|-------------------------------|
| 1. North Baltimore Track Club: | 5. Howard County Striders "B" |
| 1. Kurt Petrucci 6.59 | 1. Paul Roemer 8.22 |
| 2. Bob Dryden 21.48 | 2. Bryan Denson 25.08 |
| 3. Des McNelis 28.45 course record | 3. Larry Anderson 32.18 |
| 2. Howard County Striders "A" | 6. Potabsaco |
| 1. Stan En land 7.19 | 1. Jim Kane 7.34 |
| 2. Mike Ward 22.53 | 2. Mark Strychacz 25.05 |
| 3. Scott Moore 29.52 | 3. Bruce Austin 32.21 |
| 3. Pikesville Athletic Club | 7. Howard County "C" |
| 1. Allan Brecher 7.10 | 1. Joe Pieter 7.55 |
| 2. Mark Snyderman 23.30 | 2. Bill Beach 28.29 |
| 3. Don Miller 30.30 | 3. Dave Chilcote 36.48 |
| 4. S.J. Trackmen | |
| 1. Dave Gorman 7.15 | |
| 2. Mike McDermott 23.52 | |
| 3. Tony McMurtray 31.27 | |

March 3, 1974---1-hour track run. 21 starters. John Wall may have set worlds record for hour run for 60 and over.

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|-------------------|-----------------------------------|-------------------|---------------------|
| 1. Bobby Dryden | 11 miles, 685 yards course record | 10. Bryan Denson | 9 miles, 764 yards |
| 2. Mike Sabino | 11 miles, 650 | 11. Don Heimillar | 9 miles, 716 yards |
| 3. Jeff Good | 11 miles, 47 | 12. Stan En land | 9 miles, 600 |
| 4. Dave Thomashow | 10 miles, 715 | 13. John Wall | 9 miles, 534 record |
| 5. Don Marvel | 10 miles, 673 | 14. John Roemer | 9 miles, 431 |
| 6. Kurt Petrucci | 10 miles, 596 | 15. Jim Adams | 8 miles, 80 |
| 7. Turk Carter | 9 miles, 161 | 16. Joe Conley | 8 miles, 850 |
| 8. Dick Nair | 9 miles, 1129 | 17. Jim Adams | 8 miles, 582 |
| 9. Ron Somers | 9 miles, 851 | 18. Gus Jacobs | 8 miles, 258 |

March 10, 1974---50 milometers (31 miles) at Lake Montebello. First race in club's championship series.

- | | | | |
|----------------|---|---------------------|--------------------------------------|
| 1. Mike Sabino | <u>3.19.59</u> <small>course record</small> | 4. Bailey St. Clair | 4.03.20 |
| 2. Les Kinion | 3.39.00 | 5. Don Heinecke | 4.15.37 <small>course record</small> |
| 3. Don Marvel | 3.44.35 | | |

Sabino, Kinion and Marvel qualified for 2nd Achievement standards, all getting under the time of 3.47. Don Heinecke just missed his by 37 seconds and that's for 50 year olds (Don is 60). There were a few who did not finish the race. Those in order of dropping out:

- | | | | |
|-----------------|----------|----------------|----------|
| Kurt Petrucci | 11 miles | Paul Resilnato | 20 miles |
| Charles Moses | 11 miles | Dick Nair | 20 |
| Alex Dommerich | 11 | Will Isaacson | 20 |
| Alex Dabkowski | 14 | Tom Barrett | 20 |
| Don Heimiller | 14 | Steve Mathieu | 23 |
| Darrell Russell | 17 | Dick MacDonald | 23 |
| Walter Roose | 17 | Alex Medina | 23 |
| Jim Harrison | 20 | | |

March 17, 1974---3-mile race, Northern High. 29 starters. Had to run the race in two heats. Cold, 42 degrees, winds gusting up to 50 miles an hour.

- | | | | |
|---------------------|--------|-------------------------|-------|
| 1. Steve Mahieu | 15.14 | 6. Tom Coyce | 16.55 |
| 2. Bob Dryden | 16.14 | 7. Mark Snyderman | 16.57 |
| 3. Jim Parker | 16.52 | 8. Desmond McNelis | 17.02 |
| 4. Kurt Petrucci | 16.54. | 9. Harry Wretenkamp | 17.10 |
| 5. Larry Blumenauer | 16.54 | 10. Earl Swartzendrubar | 17.21 |

Best of the results were stolen by Ed Jerome's dog and transported to the Pentagon.

March 24, 1974. 16 (?) miles at Mt. Hebron High School. 21 starters

- | | | | |
|------------------|---------|----------------------|--------------------------------------|
| 1. Mike Sabino | 1.36.12 | 9. Mark Mamlett | 1.53.25 |
| 2. Steve Mahieu | 1.38.09 | 10. Don Marvel | 1.55.59 |
| 3. Mark Johnson | 1.43.29 | 11. Bailey St. Clair | 2.01.17 |
| 4. Jim Harrison | 1.45.21 | 12. Ed Hewitt | 2.05.31 |
| 5. Bill Knapp | 1.46.05 | 13. Jim Adams | 2.08.27 |
| 6. Jeff Good | 1.46.49 | 14. Marilyn Bevans | 2.10.02 <small>course record</small> |
| 7. Sal Citarella | 1.47.57 | 15. Mike Hill | 2.18.38 |
| 8. Turk Carter | 1.49.05 | 16. Will Isaacson | 2.20.31 |

March 31, 1974---20 milometers (12 miles plus) at Hunt Valley Inn.

1. Rick Warren	<u>1.08.31</u> <small>Course Record</small>	10. Mel Walton	1.24.40
2. John Heey	1.19.20	11. Jim Adams	1.26.21
3. Ron Somers	1.19.37	12. Joh Colburn	1.28.35
4. Russ Wolfe	1.20.22	13. Marilyn Bevans	1.28.53 <small>Course record</small>
5. Mike McDermott	1.20.54	14. Mike Hill	1.29.07
6. John Roemer	1.21.49	15. Alex Drabkowski	1.32.27
7. Bailey St. Clair	1.22.05	Kurt Petrucci	DNF
8. John Wall	1.22.15 <small>Course record</small>	Gus Jacobs	DNF
9. Dick Nair	1.24.40	Frank Michalovic	DNF

Local finishers in 1974 Boston Marathon:

81st Mike Sabino	2.32.18	Jared Beads	3.18.00
135th Rick Warren	2.37.43	Dick Nair	3.23.10
261st Steve Mahieu	2.46.43	Alex Dommerich	3.25.07
283rd Earl Swartzendruber	2.47.35	Joe Conley	3.27.12
509th Les Kinion	2.56.43	Alex Drabkowski	3.28.00
Dick MacDonald	3.02.32	Ben Goldstein	3.28.00
Turk Carter	3.03.00	Joe Holland	3.28.30
Alex Medina	3.07.12	Coy Brashears	3.45.12
Don Marvel	3.12.08	Hal Piper	3.45.13
Bailey St. Clair	3.12.11	Bill Diegel	3.50.00
Jim Lears	3.12.53	Burt Dall	4.02.12
Russell Wolfe	3.14.58	Paul Resignato	4.05.02
Mike McDermott	3.15.02	Don Heinecke	DNF
Sandy Shaprio	3.15.30	Randy Dabney	DNF
Marilyn Bevans	3.17.42		

April 28, 1974

8 miles Lake Montebello 10 a.m. 11 started & finished

1.	Heinz Wiegand	41:41
2.	Mike Sabind	41:50
3.	Walter Conard	48:15
4.	Mark Snyderman	49:05
5.	Phillip Castelberg	49:16
6.	Alex Drabkowski	53:51
	Mark Hamlett	53:51
8.	Mike Ellis shears	54:09
9.	Coyi Bradshaws	54:48
10.	Marilyn Blevans	58:46
11.	Herman Sykes	58:57

BALTIMORE ROAD RUNNERS CLUB

PRESIDENT

Les Kinion
1363 Halstead Road
Baltimore, Maryland 21234
(301) 668-3766

VICE PRESIDENT: Joe Holland

SECRETARY: S. Brashears

1974 Spring Series

All Run For Fun races in series are free; no entry fees and no prizes unless amount and prizes are specified.

- May 5 Memorial stadium east lot the annual 25 mile Walk-a-Thon.
Sun 9a.m. Run for a good cause and get your time for the course.
Les Kinion 668-3766

- May 11 Catonsville #1 school track 5000 meters and 2 mile Run For
Sat. 10a.m. Fun. 3 prizes in open and awards for masters as explained
in letter Coy Brashears 355-7763

- May 19 1/2 Marathon Lake Montebello Prizes to best 5 Predicted times
Sun 10a.m. Les Kinion 668-3766

- May 26 Loch Raven Dam. 2 mile Run For Fun and 15 mile race. second
9a.m. Sun of 4 races in championship series. Awards to all finishers
including Run For Fun and masters. \$1 entry fee.
Alex Drabkowski, 592-8774

- June 1 Northern High School track. 2 mile run for fun and 10,000
10 a.m. Sat meters. 3 prizes for open and masters.
Phil Dryden, 433-6384

- June 9 Parkville High School track. Tetrathon. 440 yards, 800 yds.
9 a.m. Sun 1 mile and a 2 mile. Also 2 mile run for fun at 9:45. Awards
to first ten
Bill Diegel, 66104359

- June 15 Mt. Hebron High School track. Meet of miles. Medals
10 a.m. Sat to first 3 in each age group; Under 12, 13-16, 17-22, 23-29
30-34, 35-39, 40-49, 50 and over.
Mike Sabino, 465-1455.

- June 22 Edgewood Arsenal. 10 mile open and 1 and 2 mile run for fun
10 a.m. Sat See enclosed flyer
Les Kinion 668-3766

Sun. - May 19, 1974
1/2 marathon - Lake Montebello - 10 a.m.
35 started 30 finished

1.	Steve Mahieu	70:09
2.	Mike Ward	76:06
3.	Don Spicer	78:36
4.	Don Marvel	80:56
5.	Ron Somers	82:03
6.	Mel Walton	82:54
7.	Dave Mahan	83:00
8.	Mike McDermitt	83:45
9.	Dick Nadel	84:48
10.	Alex Medina	84:59
11.	Baily StClair	85:10
12.	Mark Snyderman	86:24
13.	Al Filar	88:19
14.	Turk Carter	88:26
15.	Don Heinecke	89:45
16.	Paul K	90:09
17.	Randy Dabney	90:37
	Mike Hill	90:37
19.	Burt Dall	92:31
20.	Bill Diegel	92:32
21.	Joe Conley	93:05
22.	Henry Freeman	94:05
23.	Gus Jacobs	95:26
24.	Don Fisher	95:36
25.	Herman Sykes	96:00
26.	Hal Piper	98:25
27.	Clarence Wilson	102:54
28.	Jerry Bosse	108:49
29.	Ray Kiddy	111:34
30.	Joe Laceter	112:10

DNF - Bryon Denson, Alex Drabkowski, Dick MacDonald
Marty Nyman, Jim Zucco

Sun. May 26, 1974
15 miles Loch Raven Dam - 9 a.m.
33 started 31 finished

1.	Steve Mahieu	82:25	Course Record
2.	Mike Sabino	86:48	
3.	Don Marvel	88:31	
4.	Don Spicer	88:51	
5.	Jim Harrison	91:26	
6.	Bill Lowman	91:53	
7.	John Roemer	95:52	
8.	Mel Walton	96:38	
9.	John Hoey	96:54	
10.	Mike McDermott	97:27	
11.	Ron Somers	98:24	
12.	Baily StClair	98:32	
13.	Turk Carter	99:43	
14.	Les Kinion	100:14	
15.	Randy Dabney	100:10	
16.	Bryon Denson	100:25	
17.	Al Filar	100:35	Course record
18.	Bob Leatherman	100:37	
19.	Paul K	100:53	
20.	Mike Hill	102:59	
21.	Marilyn Bevans	104:15	Course record
22.	Henry Freeman	105:53	
23.	Don Heinicke	106:05	Course record
24.	Joe Conley	107:41	
25.	Don Heimiller	108:30	
26.	Burt Dall	108:37	
27.	Joe Holland	111:55	
28.	Clarence Wilson	114:08	
29.	Herman Sykes	114:21	
30.	Will Isaacson	125:13	
31.	Ray Kiddy	126:07	

DNF - Dick MacDonald, Mike Ward

Sat. June 1, 1974
10,000 meters - Northern High School
16 started - 14 finished

1.	Jeff Smith	34:01	Course Record
2.	Jeff Good	34:32	
3.	Don Spicer	35:50	
4.	John Wall	37:24	Course Record
5.	Earl Swartzendruber	38:10	
6.	Mike Ward	38:17	
7.	Ron Somers	39:37	
8.	Baily StClair	39:41	
9.	Dennis Suski	40:27	
10.	Les Kinion	40:40	
11.	Joe Conley	41:14	
12.	Alex Medina	41:49	
13.	Darryl Patrylak	46:58	
14.	Clemie Dawson	60:12	

DNF - Bryon Denson, Stan England

June 9, 1974- 9 a.m.- sunny and hot!

1. Mahieu	56.4	2:01.2	4:26.0	9:34.0	16:57.6
2. Dryden	56.2	2:03.2	4:30.4	9:38.0	17:07.8
3. Smith J.	57.9	2:07.6	4:34.3	9:43.7	17:23.5
4. Warren	60.0	2:12.8	4:39.6	9:44.0	17:36.4
5. Lutrey	55.4	2:13.3	4:46.0	10:21.4	18:16.1
6. Mohihan	56.8	2:12.0	4:43.2	10:26.2	18:18.2
7. Marvel	64.8	2:24.3	4:50.8	10:08.1	18:28.0
8. Lowman B.	55.0	2:11.0	4:46.0	11:10.8	19:02.8
9. Reid	60.6	2:16.4	5:05.7	10:46.2	19:08.9
10. Bassler	59.2	2:22.5	4:59.6	10:54.6	19:15.9
11. MacDonald	63.2	2:18.6	4:59.6	10:55.4	19:16.8
12. Harrison	62.5	2:42.4	4:45.5	10:47.0	19:17.4
13. Shank	53.9	2:12.2	4:59.0	11:30.8	19:35.9
14. Miller	57.5	2:15.0	5:08.0	11:29.0	19:49.5
15. Davis	63.5	2:21.6	5:17.2	11:28.0	20:10.3
16. Drabkowski D.	56.5	2:17.7	5:08.0	11:48.5	20:10.7
17. Walton	65.5	2:30.0	5:21.5	11:35.1	20:32.1
18. Roemer	61.9	2:30.3	5:23.4	11:37.8	20:33.4
19. Mahn	64.4	2:31.3	5:16.2	11:54.5	20:46.4
20. Goldsborough	62.5	2:28.1	5:29.8	11:57.0	20:57.4
21. Carter	66.3	2:29.8	5:29.6	11:57.0	21:02.7
22. Freeman	68.6	2:29.2	5:42.2	11:48.0	21:08.0
23. Zucco	54.4	2:24.2	5:52.4	12:07.0	21:18.0
24. Kinion	66.1	2:32.7	5:25.0	12:45.4	21:49.2
25. Hill	64.2	2:34.4	5:45.3	12:11.0	21:34.9
26. Conley	68.9	2:45.9	6:08.6	13:15.5	23:18.9
27. Drabkowski M.	58.4	2:42.6	6:12.1	14:17.5	24:10.6
28. Kaplan	62.2	2:36.1	6:17.8	14:36.8	24:32.9
29. Wilson	63.8	2:47.0	6:37.5	14:17.0	24:45.3
30. Alford	63.0	2:48.5	6:26.9	14:49.4	25:07.8

DNF- Mazakawa, Schmidt, Hamlett, Spicer, Forgione, Petrucci

GUNPOWDER NECK 10 MILE RUNENTRIES22 June 1974

Number	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish (est)	Age
869	Sheldon Karlin	1	4:50	15:08	25:27	41:07	52:00	24
1	Vic Nelson	2	4:50	15:09	25:31	42:15	53:00	25
2	Steve Mahieu	3	4:50	15:10	26:02	43:54	54:41.2	27
3	Rick Warren	4	5:00	16:03	27:27	44:21	55:14.6	27
14	Chris Chambers	5	4:52	15:38	26:49	44:07	55:36.5	27
889	Bruce Robinson	6	5:13	16:19	27:27	45:02	55:59	23
877	Ray Morrison	7	5:11	16:09	27:27	45:00	56:08	27
896	Mike Sabino	8	5:15	16:30	28:12		57:11	35
870	Phil Stewart	9	5:22	16:40	28:12	45:18	57:12	24
5	Jeff Good	10	5:23	16:50	28:36	45:45	58:40	19
10	Larry Jameson	11		17:15	29:11	46:07	58:45	25
87	Mike Ward	12	5:24	16:58	28:48	46:28	59:30	19
11	William Hoss, Jr.	13			29:20	47:48	59:41	39
82	George Reim	14	5:16	16:40	28:44		60:02	31
4	Mike Naples	15		17:53	30:01	48:20	60:30	28
13	Thomas Coyle	16		17:12	29:37	48:51	60:51 (est)	20
78	Joseph Naples	17		18:21	30:40	49:15	61:12	16
28	Paul Farrier	18		18:07	30:26	49:09	61:18	37
9	Mike Cychosz	19			29:28	48:20	61:20	25
863	Jim Harrison	20		18:07	30:52		61:56	25
894	Ed Jerome	21	6:09		30:27	50:00	62:19	30
854	Bob Horman	22		18:07	30:41	50:03	62:22	50
857	David Stahler	23		17:35		50:45	63:22	18

Number	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish	
29	Lester Page	24			31:02	50:54	63:30	30
58	Ken Blevins	25		17:15		49:52	63:40	23
59	Gary Naugle	26		19:00		51:33	64:18	31
65	Bradford Mudge	27		19:00	32:13	52:04	64:58	18
903	John Wall	28	new record	19:00			64:58	60
73	Jim Feller	29		19:40	32:51	53:00	65:27	17
26	Melvyn Walton	30				52:24	65:28	32
54	Turk Carter	31			31:37	52:24	65:29	23
860	Raymond Samson 1st Vet I	32		18:56		52:24	65:31	41
885	Phil Lockett	33			31:02	51:48	55:34	25
900	Mark Hamlett	34					65:42	17
890	Paul Resignato	35				53:00	65:50	
883	Damien Howell	36			31:41	52:20	66:01	24
39	William Nagle	37		19:40		53:17	66:07	16
8	Marilyn Bevans 1st woman	38	Course record			53:05	66:26	24
74	Charles Paul	39			32:02	53:05	66:35	32
886	Bob Manchester	40				53:05	66:37	31
17	Donald Vavala	41				53:17	66:43	17
67	Bailey St. Clair	42		18:38		53:00	66:49	35
15	Jeffrey McGuire	43					66:59	17
56	John Carwile	44			32:20	53:17	67:07	16
61	Dave Theall	45		19:34	33:10	54:19	67:20	42
89	Bryan Denson	46		18:56		53:35	67:34	16
871	Bob Leatherman	47	6:40	19:45	33:03	54:23	67:38	
85	Martin Greenbaum	48		19:50(?)			68:20	28

ber	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish	Ag
858	Bob McBrien	49				54:42	68:44	38
897	Al Yergey	50			33:17	55:10	69:06	32
34	Henry Freeman	51				55:17	69:11	25
866	Al Shochet	52			33:30	55:40	69:33	27
22	Steve Rosasco	53		22:25	33:07		69:44	17
37	Randy Dabney	54		20:20		56:10	69:55	25
83	Doug Van Rossum	55		20:07	34:22	56:24	70:02	28
86	John Sullivan	56		19:20		56:00	70:08	29
77	George Major	57				55:40	70:14	60
23	Mark Rosasco	58			34:13	56:00	70:39	15
895	Bill Sollers	59		19:00	32:42		71:08 (est)	35
8	Ron McGarrigle	60		20:00		56:35	71:36	23
852	Gary Brooks	61					72:04	16
898	Lynn Davis	62		22:45	35:47	58:00	72:14	35
52	Michael Hill	63		20:07		58:07	72:39	23
62	Robert Brown	64				58:02	72:43	39
876	Tom Carty	65		20:30		58:28	72:50	18
878	Vince Wojnar	66			35:32	58:34	72:56	36
18	Fran Vavala	67			33:26	59:03	73:22	16
46	David Corbin	68		21:34	36:15	58:50	73:24	28
33	Richard Heiks	69		20:30	35:07	58:40	73:29 (est)	41
35	Jim Barnes	70		21:10		59:09	73:35	26
12	Bryon Mitchell	71				57:30	74:14	15
	Don Heinicke	72		20:35	35:18	58:44	74:19	60
	Joe Conley	73			36:27	60:52	74:21	45
867	Mark Lindstrom	74				58:57	74:26	19

Number	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish	
850	Mark Moore	75		19:00		61:00	74:39	17
53	Thomas Lawlor	76					74:49	32
16	Paul Naylor	77		21:16	36:16	59:46	74:44	36
48	Don Heimiller	78				59:33	75:25	43
36	Gregg Boehmer	79		21:10	36:06	60:25	75:37	26
873	Joe Holland	80		21:56	36:38	60:32	75:45	32
862	John Gibbons	81		20:40		59:54	76:05	23
25	Richard Nair	82		22:20	37:31	61:32	76:28	35
51	David Hooper	83		20:30	35:32	60:42	76:37	30
75	Jerry Ayers	84		21:16	36:43	61:17	76:40	28
84	Dennis Heinssen	85		21:56		63:36	76:45	27
881	Dave Stromberg	86	6:19	19:40	34:54		76:46	18
64	Gus Jacobs	87		21:00	36:25	61:22	76:54	37
865	Beverly Myer	88		22:25		62:10	77:18	23
21	Marge Rosasco	89			37:40		77:22 (est)	26
899	Tito Miroflor	90					77:26	46
904	Wilson	91					77:36	
882	Todd Burke	92	6:17		33:21	61:22	77:59	17
72	George Adams	93		22:25		61:54	78:00	31
40	Steve Nagle	94		20:48	37:15	64:19	79:52	15
50	James Jenkins	95					81:50	61
892	Herman Sykes, Jr	96		21:21	38:06	65:24	83:19	32
57	Roger Burkmart	97			38:50	65:30	84:05	36
893	Thomas Henderson	98		20:07	37:27	68:46	85:13	28

Number	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish	Age
20	Jack Coburn	99		23:24	41:03	69:10	85:36	27
30	Thomas Day	100	7:14	22:08	38:49	65:52	85:43	44
49	Gerald Mion	101		23:24	40:57	68:50	86:30	39
38	Tom Delbridge	102	8:21	23:00	39:43	67:30	86:49	28
76	Warren Carson	103	7:13	22:45	40:12		89:54	15
43	Ken Alford	104	7:14	22:45	41:19	70:35	90:02	23
41	Egon Kafka	105		22:45	39:37	70:15	90:41	51
872	Ron Engle	106		23:00	40:19	73:45	92:45	13
902	Frank Nowosielski	107		22:45	41:24		93:35	25
19	Joe Lacetera	108		23:24	43:21	76:11	96:40	37
63	Sue Jacobs	109	8:46	25:07	44:07	76:30	96:58	27
44	Felix Sachs	110	8:17	24:40	44:13	76:24	99:56	35
99	Paul Crawford	111	8:40	27:48	47:18	80:46	103:03	15
901	George Trageser	112	8:23	25:21	47:58	84:04	105:11	41
874	Kurt Dickey	113	8:46	27:50		101:50	123:58	11
6	Les Kinion	DNF			31:41			38
42	John Roemer, III	DNF		22:45				35
66	Mike McDermott	DNF						19
68	Earnie Bryant	DNF	8:23	24:30	43:30			42
70	Alex Medina	DNF						31
88	Stan England	DNF		19:00				19
855	Dave Gorman	DNF			32:33			17
856	Joseph Adams	DNF		22:20	38:12			36
864	James Adams	DNF		20:40	35:21			30
868	Mike Bradley	DNF			32:26	61:37		28

Number	Name	Place	1 Mile	3 Mile	5 Mile	8 Mile	Finish
875	Kurt Petrucci	DNF		18:38			17.
880	Paul Roemer	DNF	6:11	21:34	37:15		18
888	Ray Kiddy	DNF			39:47		26
891	Bob Kitchen	DNF	6:23				26

Tue. July 9, 1974 - 7 p.m.
4 miles Loch Raven - Fire Trail Run - 26 of 29 finished

1.	Matt Cline	27:18
2.	Matt Wilson	27:25
3.	Mark Hamlett	27:47
4.	Keith Bloom	28:00
5.	Bill Matlack	28:07
6.	Paul Gilmore	28:30
7.	Stu Bassler	29:13
8.	Paul K	29:30
9.	Turk Carter	29:32
10.	Craig Dorsch	29:50
11.	John Roemer	30:09
12.	Dave Gorman	30:23
13.	John Sullivan	30:25
14.	Baily StClair	30:26
15.	Don Spicer	30:30
16.	Bill Culbertson	31:25
17.	Marilyn Bevans	32:03
18.	Bill Diegel	34:00
	Don Heimiller	34:00
20.	Dave Mahan	34:18
	Mike McDermott	34:18
22.	Tim Perry	35:18
23.	Randy Bloese	36:11
24.	Kevin Shea	36:50
25.	Ron Kominsky	38:38
	Joe Lacerter	38:38

DNF - Frank Hammel, Kurt Petrucci, Mark Warren

Tue. July 23, 1974
2-man 10 mile relay - Parkville High School
7 p.m. 7 teams started 6 finished

1.	Mark Hamlett	5:10	15:08	25:06	34:58	44:53
	Scott Lotrey	10:03	20:04	30:04	40:14	49:50
2.	Joe Carr	5:10	15:41	26:08	36:50	47:16
	Dave Carr	10:38	21:09	31:49	42:15	52:45
3.	Matt Wilson	5:10	15:44	26:24	37:19	48:06
	Mike Twilley	10:41	21:16	32:08	42:57	53:36
4.	Mel Walton	5:29	16:16	27:11	38:12	49:03
	Dick Nair	10:51	21:45	32:48	43:46	54:30
5.	Chuck Brumley	5:26	16:15	27:12	38:14	49:08
	John Roemer	10:46	21:41	32:41	43:44	54:45
6.	Les Kinion	5:28	16:11	27:13	38:35	49:58
	Paul K	10:51	21:46	32:54	44:24	55:46

DNF - Clarence Wilson & Alex Medina

Tue. July 30, 1974 - Lake Montebello 6 miles-2 big loops - 80 -hot
 7 p.m. 35 started - 30 finished

	1st loop	2nd loop	ave. per mile
1. Jeff Smith	16:30	32:23	5.23.8
2. Scott Lutrey	16:30	33:03	5.30.5
3. Don Marvel	16:58	33:23	5.33.8
4. Mark Hamlett	17:25	33:44	5.37.3
5. Bill Matlack	17:25	34:00	5.40.0
6. Steve Reid	16:30	34:08	5.41.3
7. Steve Ehatt	17:15	34:21	5.43.5
8. Mel Walton	17:45	35:20	5.53.3
9. Bryan Denson	17:45	35:26	5.54.3
10. Alex Medina	18:00	35:45	5.57.5
11. Paul K	18:00	36:15	6.02.5
12. Turk Carter	17:45	36:33	6.05.5
13. Carl Soderstrom	-	37:02	6.10.3
14. Dennis Snyder	18:40	37:25	6.14.1
15. John Sullivan	18:30	37:40	6.16.6
16. Ron Somers	18:50	38:00	6.20.0
17. Bob Leatherman	19:22	38:30	6.25.0
18. Herman Sykes	19:05	39:06	6.31.0
19. Mike Drabkowski	19:44	40:50	6.48.3
20. Gus Jacobs	20:00	40:53	6.49.6
21. Don Heinecke	20:15	41:17	6.52.8
22. Alex Drabkowski	19:44	41:41	6.56.8
23. Jerry Lynch	20:00	41:50	6.58.3
24. Al Harden	20:00	42:07	7.01.1
25. Hal Piper	20:35	42:51	7.08.5
26. John Beares	22:10	44:40	7.26.6
27. Joe Lacetera	22:15	44:54	7.29.0
28. Rich Haire	22:30	47:10	7.51.6
29. Sue Jacobs	23:45	48:08	8.01.3 (only woman)
30. Pas Romagna	24:35	48:58	8.09.6

DNF - Marilyn Bevans, Kathy Murphy, Reed Haynie, Warren Haynie,
 Ron Quinn

SECOND

MARYLAND MARATHON DEVELOPMENT

SERIES

FALL 1974

BALTIMORE ROAD RUNNERS CLUB

PRESIDENT

Les Kinion
1363 Halstead Road
Baltimore, Maryland 21234
(301) 668-3766

VICE PRESIDENT: Joe Holland

SECRETARY: Tim Giles

Second Maryland Marathon Development Series

- Sunday Sept. 15 ✓
9 a.m. Athlete's Foot 16 mile road race. State Highway Authority parking lot, Falls and Joppa roads. Bailey St. Clair, 252-5903 for information. See enclosed application.
- Sunday Sept. 22
10 a.m. Lake Montebello. 9.45 miles, 7 laps around the lake. Awards to first 3 open. also 2.7 Run For Fun. Paul Karaskavicz, 426-8918
- Sunday Sept. 29
9 a.m. Loch Raven Dam. 20 miles. Surprise awards. Joe Holland, 252-2106
- Friday Oct. 4
7.30 p.m. Club meeting. 1363 Halstead road. Call Les Kinion 668-3766 for directions.
- Sunday Oct. 6
2 P.M. Patterson Park, Linwood avenue side by bathhouse. 8 mile open, also 2 mile RFF. Awards to first place plus 5 random prizes. Call Ed Hewitt, 661-6013
- Sunday Oct. 13 ✓
10 a.m. Lake Montebello. 15 mile open run plus 2.7 RFF. Medals to first five. Call Alex Drabkowski, 592-8774
- Sunday Oct. 20 ✓
9 a.m. RASAC 12-mile open Setyr Hill Run. Korvettes parking lot, Joppa road and Perring Parkway. Awards to first 3, also first BRRC member, first RASAC member, first woman. Joe Lacetera, 828-1880
- Sunday Oct. 27
too many
Octoberfest Run. Tasker Junior High School, Bowie, Md. Beltway exit 31, east on Route 50 to Route 197, north on 197 approx. $\frac{1}{2}$ mile to school. Races sponsored by Bowie Belair Athletic Club and Bowie merchants, in cooperation with the D.C., Annapolis and Baltimore RRCs. Races held in conjunction with Bowie Octoberfest. Enjoy carnival at school after races. Norm Lee, 798-4614
- 1 P.M. 2-mile open run, trophies to first 3
1.10 P.M. 2-mile run for fun, \$1 entry fee, trophies to all finishers
1.30 P.M. 6-mile open run, merchandise and trophies to top finishers. Awards to 1st 3 finishers: 1st 3 35-39; 1st 3 40-44; 1st 3 45-49; 1st 3 50 and up; 1st 3 women.

Sunday Nov. 3
2 P.M.

Mt. Hebron High School, Howard county. 16 mile open and 2 mile RFF on track. no entry fee, awards to first 3, and woman. Mike Sabino, 788-5806

Sunday Nov. 10 ✓
10 a.m.

Lake Montebello, 18-mile club championship. trophies to first 3, medals to next 7. \$1 entry fee. Bill Diegel, 532-9845. also 2.7 mile RFF.

Sunday Nov. 17 ✓
9 a.m.

Loch Raven Dam. 7, 14, 21 mile races. pick your distance. ERG to all finishers. Alex Dommerich, 296-4900

Sunday Nov. 24
noon
Scratch

Northern High School. 2-man 10-mile relay, ~~with alternate miles~~ alternate miles. medals to first 4 teams. Phil Dryden, 433-6384. also 2-mile RFF

Nov. 30 Saturday
10.30 a.m.

second annual Maryland Marathon, start at Memorial Stadium. pick up application at any race.

NOTE: no entry fee and no prizes for all Run For Fun races.

APPLICATION FOR MEMBERSHIP IN THE BALTIMORE ROAD RUNNERS CLUB

mail to:

Les Kinion
1363 Halstead Road
Baltimore, Md., 21234 phone: (301) 668-3766

Full Year, \$5.

Full Year for full-time student, \$2.50

Half Year, July 1 to December 30, \$2.50

Family, \$7.50

Sponsor amount _____

Full year memberships received after July 1 will be good until the next June 30.

NAME _____

ADDRESS _____

Zip Code _____

PHONE NUMBER _____ Birthdate _____

Sunday 9-15-74

Athlete's Foot 15.5 mile Race

Rank	Name	Club	Time	Notes	Rank
1.	Robert Dryden	N.B.T.C.	1:26:06	Course Record	17
2.	Michael Sabino	B.O.C.	1:26:39		35
3.	James Lears	B.O.C.	1:29:39		27
4.	David Cornwell		1:30:24		17
5.	Steve Mahieu	B.O.C.	1:31:03		27
6.	Donald Spicer	N.B.T.C.	1:33:20		28
7.	Francis Niner	Unatt.	1:33:24		17
8.	James Harrison	B.O.C.	1:33:45		30
9.	Russell Wolfe	B.R.R.	1:36:37		18
10.	Larry Blymfinauer	Unatt.	1:36:37		21
11.	Donald Marvel	N.B.T.C.	1:37:06		31
12.	Bailey J. St.Clair	B.R.R.	1:37:23		35
13.	Alex Medina	B.R.R.	1:39:23		31
14.	Brent Weisman	Unatt.	1:40:00		22
15.	Brian Denson (ran unofficial)	Howard Co.Striders	1:40:37		16
16.	Paul Resignato	93rd. Fire Hospital	1:41:02		23
17.	Jeffrey Chernak	Unatt.	1:41:50		16
18.	Mark Strychazz	B.R.R.	1:41:59		16
19.	Mark Snyderman	B.R.R.	1:42:33		17
20.	William N. Sellers	D.C.R.R.	1:42:59		35
21.	Les KInion	Balto. Fire Fighters	1:43:54		38
22.	Michael Hill	B.R.R.	1:44:57		23
23.	Sandy Shapiro	B.R.R.	1:45:19		34
24.	Paul Karaskavicz	N.B.T.C.	1:45:44		34
25.	Dennis Snyder	Unatt.	1:46:31		28
26.	Stephen Rosasco Jr.	RASAC	1:46:53		17
27.	Ronald Somers	Wash. Sports Club	1:47:13		27
28.	Richard Nair	B.R.R.	1:48:25		35
29.	Donn Layne	B.R.R.	1:50:09		35
30.	William Isaaconi	B.R.R.	1:51:38		29
31.	Randy Dabney	B.R.R.	1:52:08		25
32.	Dave Belz	Loyola	1:52:16		18
33.	James Adams	B.R.R.	1:53:10		30
34.	Donald Heimiller	B.R.R.	1:53:56		43
35.	Alex Drabkowski	B.R.R.	1:54:17	Course Record	42
36.	Herman Sykes, Jr.	B.R.R.	1:55:03		33
37.	Donald Wann	Unatt.	1:56:39		31
38.	William Fiege	B.R.R.	1:56:52		46
39.	Melvyn Walton	B.R.R.	1:56:55		32
40.	Donald Heinicke	Howard County Striders	1:56:59		60
41.	Clarence Wilson	B.R.R.	1:58:21		37
42.	Don Forgione	Unatt.	2:00:00		23
43.	Henry Freeman	B.R.R.	2:00:47		25
44.	Margaret Rosasco	B.R.R.	2:04:15	Course Record	26
45.	Joseph Adams	B.R.R.	2:04:32		37
46.	Frank Newesielski	Unatt.	2:05:44		25

46.	Jerry Lynch	Unatt.	2:09:03	30
47.	Art St. Martin	Unatt.	2:11:54	29
48.	Michael Beer	Unatt.	2:15:43	15
49.	Joseph Tivvis	Unatt.	2:15:43	42
50.	George Trageser	Unatt.	2:22:45	41
51.	Sue Jacobs	B.R.R.	2:29:10	27
52.	Charles Woodbury	B.R.R.	2:38:46	30

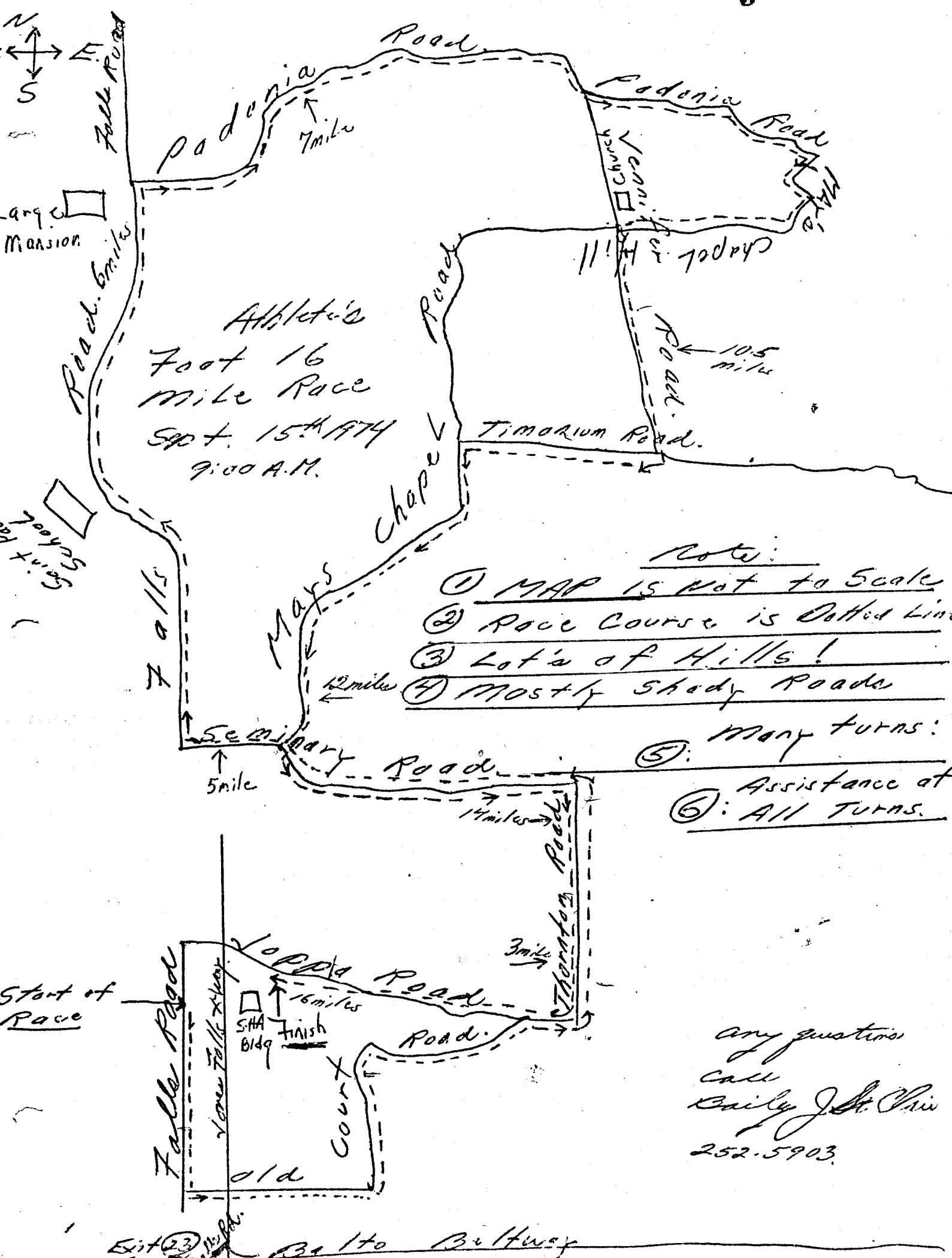
Held: Lutherville Md.

Weather: Great, Low 60's start of race, High 60's finish of race

Registrations	60
Starters	53
Finishers	52

Bailey J. ST.Clair
 B.R.R.
 Submitted 10/14/74

SEE MAP NEXT PAGE



- Notes:
- ① MAP IS NOT TO SCALE
 - ② Race Course is Dotted Line
 - ③ Lot's of Hills!
 - ④ Mostly Shady Roads
 - ⑤ Many turns:
 - ⑥ Assistance at All Turns.

any questions
 call
 Bailey J. Chin
 252-5903

Sunday 10-13-74

10:00 am

15 Mile at Lake Montebello

1.	Mike Sabino	82:15	Course record
2.	Don Marvel	95:06	
3.	Brent Weisman	95:44	
4.	Carl Soderstrom	98:38	
5.	John Baker	99:05	
6.	Mike Hill	99:40	
7.	Dave Mahan	100:00	
8.	Mel Walton	101:03	
9.	Don Layne	101:50	
10.	Dick Nair	102:41	
11.	Hy Levasseur	102:51	
12.	Les Kinion	104:00	
13.	Don Heimiller	105:05	
14.	Dennis Snyder	106:55	
15.	Don Forgione	107:09	
16.	Ed Hewitt	107:59	
17.	Joe Conley	110:52	
18.	Don Fischer	111:20	
19.	Marge Rosasco	113:06	Course record
20.	Gus Jacobs	114:40	
21.	Jerry Bosse	123:30	
22.	Ray Kibby	125:25	

Ed Schaffer, Bruce Greenwald, Paul Kakaskavicz, Mark Snyderman, Jeffery Cherivak, Bill Diegel, Milt Snieguwski, and George Brown D.N.F.

5 Lap on Big LOOP Montebello

Sabino's Laps: 18:06, 34:11, 50:16, 66:22, 82:15 (1st. Lap contains extra)

PACE: 5:29/MILE

Weather: Cloudy, 67degrees, Gusty winds

Sunday 10-20-74

12 Mile - Satyr Hill Run (9:00am)

1.	Steve Mahieu	Md. Nat'l Guard	<u>65:47</u> course record
2.	Mike Sabino	BRR	68:32
3.	Larry Blumenauer	BRR	72:35
4.	Sal Citarella	Unatt	75:35
5.	Bailey St.Clair	BRR	75:52
6.	Michael Hill	BRR	79:26
7.	Mel Walton	BRR	80:10
8.	Dennis Suski	Unatt	80:15
9.	Dave Mahan	BRR	80:15
10.	Darrell Russell	BRR	82:20
11.	Bill Poston	Unatt	82:57
12.	Les Kinion	BRR	83:33
13.	Don Wann	BRR	83:53
14.	Dennis Snyder	Unatt	84:00
15.	Hy Levasseur	BRR	84:59
16.	John Sullivan	RASAC	85:03
17.	Alex Drabkowski	BRR	85:38 course record
18.	Don Fargione	BRR	85:39
19.	Ed Hewitt	BRR	86:37
20.	Gus Jacobs	BRR	87:19
21.	Don Heimiller	BRR	87:27
22.	Marilyn Bevans	BRR	87:48 course record
	Don Fischer	BRR	87:48
23.	Randy Dabney	BRR	88:01
24.	William Fiege	BRR	90:15
25.	Herman Sykes	BRR	92:35
26.	Burt Dall	RASAC	92:39
27.	Marge Rosasco	RASAC	93:19
28.	Frank Hammel	BRR	94:34
	Randy Blose	BRR	94:34
29.	Jerry Bosse	BRR	96:15
30.	Jerry Mion	RASAC	96:39
31.	Joseph Tivvis	Unatt	100:24
32.	Joe Lacetera	RASAC	102:11
33.	George Trageser	Unatt	103:31
34.	Barry Bernstein	UMBC	103:46
35.	Sue Jacobs	Unatt	105:33

WINNING PACE: 5:28.9/MILE

Sunday 11-10-74

18 Mile - Club Championship
Lake Montebello (10 am)

1.	Steve Mahieu	BOC	1:39:34	27
2.	Earl Swartzendruber	BRR	1:45:34	23
3.	Mark Strychacz	BRR	1:48:08	16
4.	Dave Goucher	Catonsville Comm. C.	1:48:15	19
5.	Walt Conrad	Unatt	1:51:59	17
6.	Jeff Chernak	BRR	1:52:30	16
7.	Carl Soderstrom	BRR	1:52:57	30
8.	Bailey ST.Clair	BRR	1:53:11	35
9.	Dave Mahan	BRR	1:57:28	30
10.	Donn Layne	BRR	1:57:46	35
11.	Mike Hill	BRR	1:59:15	24
12.	Jim Harrison	BRR	2:00:21	30
13.	Darryl Russell	BRR	2:00:30	32
14.	Les Kinion	BRR	2:00:46	38
15.	Rich Schmidt	BRR	2:01:42	16
16.	Don Marvel	BRR	2:03:10	31
17.	Bob Leatherman	BRR	2:04:30	22
18.	Alex Drabowski	BRR	2:06:27	47
19.	Hy Lavoisier	BRR	2:08:29	36
20.	Ed Hewitt	BRR	2:08:53	30
21.	Dick Nair	BRR	2:09:04	35
22.	Dennis Snyder	Unatt	2:09:59	29
23.	Don Fisher	Unatt	2:10:34	31
24.	Walt Sherwin	BRR	2:11:35	35
25.	Herman Sykes	BRR	2:15:46	32
26.	Margaret Rosacco	BRR	2:18:16	26
27.	Hal Piper	BRR	2:23:41	35
28.	Steve Rosacco	BRR	2:27:40	42
29.	George Trageser	Unatt	2:37:22	41
30.	Joe Lacatera	RASAC	2:47:35	37
19.	Bob McBrien	BRR	2:06:59	38

Tim Giles, Al Hardin, Sue Jacobs, Jerry Lynch, Jerry Mion, Marty Nyman,
Kathy Smith, Don Wann, Arnold Wagner D.N.F.

Mahieu's laps: 2nd - 35:39, 51:49, 67:50, 83:50, 99:34(1:39:34)
Big Loop Lake Montebello PACE: 5:31.9/mile

Must have been a Baltimore Road Runners Member to receive an award.

Starters 40 (plus 2 unofficial)
Finishers 31 (plus 1 unofficial)

Sunday (9am) 11-17-74

Loch Raven Dam 7, 14, 21 Miles

7 Miles

1. Bobby Dryden	36:16	Course Record
2. Jeff Greve	37:45	
3. Larry Blumenauer	38:40	
4. Bob Alworth	39:00	
5. Desi McNelis	39:01	
6. Marty Nyman	39:42	
7. Tom Coyle	40:25	
8. Brent Neisman	41:08	
9. Bill Pasten	41:35	
10. Steve Rosasco Jr	41:40	
11. Brad Roberts	42:09	
12. Mark Strychaez	42:56	
13. Will Issaacson	43:26	
14. Dan Berlowrtz	44:58	
15. Sue Jacobs	54:42	Course record
16. Ernie Imhoff	55:00	

14 Miles

1. Paul Resignato	87:28	Course Record
2. Mark Rosasco	88:43	
3. Mel Walton	91:39	
4. Vinny Zarek	92:40	
5. John Sullivan	94:29	
6. Sandy Shapiro	96:21	
7. Mark Hoffmann	96:53	*
8. Burt Dall	97:34	Course Record
9. Gus Jacobs	98:06	
10. Bob Brown	102:15	
11. Alex Medina	104:43	
12. Jerry Bosse	105:08	
13. Jerry Mion	105:28	
14. Steve Rosasco Sr.	113:30	

PACE: 6:14.9/MILE

WINNING PACE: 5:10.9/MILE

21 Miles

1. David Vaughn	2:10:47	course record
2. Bailey St. Clair	2:12:18	
3. Earl Swartzendruber	2:19:03	
4. Mike Hill	2:24:58	
5. Alfred Filar	2:25:45	Course record
6. Alex Drabkowski	2:26:47	
7. Dick Nair	2:27:17	
8. Hy Levasseur	2:29:15	
9. Tim Giles	2:29:54	
10. Randy Dabney	2:30:25	
11. Herman Sykes Jr.	2:36:20	
12. Ed Hewitt	2:36:23	
13. Don Fischer	2:39:03	
14. Joe Conley	2:39:59	
15. Don Heimiller	2:42:39	
16. Dennis Snyder	2:42:48	
17. Marge Rosasco	2:48:53	course record
18. Joe Tiwis	2:53:44	
19. George Trageser	3:07:34	

PACE: 6:13.7/MILE

Weather: cold, high 30's to low 40's, little wind.

Starters: 55
Finishers: 49

ERG to all finishers.

Roger Dunn, Ed Jerome, Ray Kiddy, Don Roberts, Richard Schmidt, Bruce Talangana D.N.F.

1974 Maryland Marathon BRR Club Finishers

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Time</u>
8	Jeff Smith	19	2:29:22	158	Drabkowski	47	3:08:12
11	Mike Sabino	35	2:32:46	165	Bill Schwartz	36	3:10:09
12	Bobby Dryden	17	2:33:07	166	Ry Levasseur	35	3:10:12
24	Swartzendruber	23	2:38:02	185	Ed Hewitt	30	3:14:40
26	Jimmy Lears	28	2:38:45	186	Dick Nair	35	3:15:38
34	Scott Lutrey	21	2:42:20	188	Randy Dabney	35	3:16:08
38	Mike Ward	20	2:44:08	197	Tim Giles	35	3:18:16
53	Brad Muge	18	2:49:22	198	Burt Dall	47	3:18:31
56	B. St Clair	35	2:50:03	206	Don Heineke	60	3:20:28
61	Alex Medina	31	2:51:38	207	Jim Adams	30	3:20:44
63	Mark Strychacz	16	2:51:45	222	Don Heimiller	43	3:22:29
69	Brian Denson	17	2:52:46	234	Marge Rosasco	26	3:25:54*
74	Dave Mahan	30	2:53:29	238	Joe Connely	46	3:26:24
75	John Roemer	35	2:53:47	247	Ben Golstein	51	3:27:28
76	Don Marvel	32	2:53:50	249	F. Chapelli	59	3:27:38
81	Jeff Cherneck	16	2:54:08	265	Louis Stamen	47	3:30:06
84	Mark Snyderman	17	2:54:49	272	Herman Sykes	33	3:33:40
85	Don Layne	35	2:54:54	273	Bill Fiege	46	3:33:56
86	Frank Pflaging	42	2:55:15	287	F Nowosielski	25	3:36:27
97	Les Kinion	38	2:56:43	294	Bob Stern	24	3:37:22
104	John Baker	39	2:57:55	299	Gus Jacobs	36	3:38:38
105	Mike Hill	24	2:58:12	303	James Jenkins	62	3:39:31
106	C Soderstrom	30	2:58:12	312	Joe Adams	37	3:41:43
109	Bob McBrian	38	2:58:45	316	Jack Ward	45	3:42:09
113	John Wall	61	2:59:52	327	P Flanighan	32	3:44:31
126	Sandy Shapiro	34	3:03:34	340	C Wilson	37	3:47:41
133	Bob Leatherman	22	3:04:36	351	Bill Greenough	42	3:50:01
135	D. Russell	32	3:04:50	356	Mark Rosasco	16	3:51:25
137	Mel Walton	33	3:05:03	392	Steve Rosasco	42	4:01:32
138	Coy Brashears	36	3:05:07	431	Joe Lacetera	37	4:36:06
149	Al Filar	43	3:05:59	444	David Sartorio	40	4:45:57

62 members finished. Oh to have them all together for one of our regular races, well maybe one day!

1974 - 1975

WINTER SERIES

BALTIMORE ROAD RUNNERS CLUB

PRESIDENT

Les Kinion
1363 Halstead Road
Baltimore, Maryland 21234
(301) 668-3766

VICE PRESIDENT:

Joe Holland

SECRETARY:

S. Brashears

1974-75 Winter Schedule

- **Saturday December 21**
noon 4th annual BRRC Lake Montebello Half-Marathon. awards to first 5, first 2 over 40, first 2 women, first 2 18 or younger. Contact Bill Diegel 532-9845
- **Sunday December 29**
2 p.m. Don Heineck's annual ham dinner run. 12 miles at Mt. Hebron High School, Howard County. Free ham dinner to all entrants. Awards to first place and to 9 best predicted times. Everyone runs with naked wrists. Co-sponsored by Howard County Striders, BRRC and DCRRC. 465-2613
- **Friday January 3**
7.30 p.m. Club Meeting. Election of officers. 1363 Halstead Road.
- **Sunday January 5**
11 a.m. 10 miles, Patterson Park. Meet near locker room on Linwood avenue side. Alex Dommerich, 296-4991
- **Sunday January 12**
9 a.m. 6 and 12 miles, Loch Raven. 3 awards in each race. Steve Rosasco, 877-7074
- **Sunday January 19**
10 a.m. Four-man distance medley, Lake Montebello. Medals to first 3 teams. Alex Drabkowski, 592-8774 18.75 mi. 1.35, 2.90, 5.80, 8.70,
- **Sunday January 26**
1 p.m. 15 mile open run, Columbia, Md. Co-sponsored by DCRRC and BRRC. Awards to first 5. Also 5-mile veterans race with awards to first 3 40-49 and first 3 50 and over. Also 2-mile Run for Your Life at 1.05 p.m. Dick Hipp, 730-8571. OR LES 668-3766
- **Sunday February 2**
9 a.m. 10 and 20 miles, Loch Raven Dam. 3 awards in each race. Joe Holland, 252-2106
- **Sunday February 9**
9 a.m. 15 kilos, Winters Run Run. Co-sponsored by BRRC and RASAC Take Route 40 north to Route 24 Emmorton Road. Left to Md. Route 7, left to Winters Run Road. Lot on right. Joe Lacetera---278-3861
- **Sunday February 16**
1 p.m. 14th annual Washington's Birthday marathon, Beltsville, Md. T-shirts to all entries and many other awards. Free food to all runners, ribbons to first 100. also 3-mile Run for Your Life. Bob Rothenberg, (301) 794-7543

- Sunday February 23
10 a.m. 4-man sprint medley relay, each 1.35 miles. Lake Montebello. medals to first 3 teams. Fillmore Dryden, 433-6384
- Sunday March 2
10 a.m. 10,000 meters, Northern High School track. Awards are 1 trophy and 4 medals. Jim Harrison, 574-6420
- Sunday March 9
10 a.m. 15.5 miles. Falls Road and Joppa Road, State Highway Administration lot. Awards to first 5. Bailey St. Clair, 252-5903
- Sunday March 16
9 a.m. 7-, 14- and 21-mile races. Loch Raven dam. ERG to all finishers. Ed Hewitt, 661-6013
- Sunday March 23
10 a.m. 5,000 meters. Northern High School track. 10 medals plus awards to first woman, first over 40 and first over 50. Donn Layne, 235-2732
- Sunday March 30
10 a.m. 16 miles, Mt. Hebron High School, Howard County. Awards to first 5. Mike Sabino, 788-5806.
- Sunday April 6
9 a.m. 20 miles, Hunt Valley Inn, Schwan Road and Harrisburg Expressway (I-83). Handicap race, based on times in previous races this series. BRRRC T-shirts to first 10
- Monday April 21
noon Boston Marathon. Hopkinton to Prudential Center. Les Kinion (668-3766) will handle hotel reservations, Alex Medina will handle plane reservations. (667-6248)

From Les Kinion, club president:

The Annapolis Road Runners Club has folded--and it could happen here. We need more people to really get involved to help decide in which direction the Baltimore RRC is going. Do you remember 4 years ago how many long distance races were held in this area? There weren't any. Unless you want to call the SAA-AAU cross-country races long distances. And due to the lack of a long-distance committee chairman, they are no longer being held.

If we want to keep our club moving forward I need more help. At our next meeting January 3, we will be electing officers. I will be a nominee only with the understanding that this will be my last year as president. I think it is better for me to step down and have someone with new ideas take over the leadership. Whoever that will be can count on my support in the RRC's future endeavors.

Taking some of the load off me (and thanks) have been Bailey St. Clair, 252-5903 (ERG sales); Jim Adams, 661-5037 (library); Alex Medina, 667-6248 (Boston Marathon plane reservations); Bill Diegel 532-9845 and Mel Walton, 821-8337 (club records).

We will be getting together an awards committee, a schedule committee and various other committees. Please volunteer some time. It's well worth it.

Saturday 12-21-74

4th. annual BRRC Lake Montebello Half-Marathon

Time: Noon

1.	Jimmy Lears, 28	BOC	1:10:35
2.	John Tetzlaff, 21	Johns Hopkin	1:14:57
3.	Earl Swartzendruber, 23	BRR	1:15:13
4.	Don Miller, 19	U. of Del.	1:16:06
5.	Paul Resignato, 23	BRR	1:18:53
6.	Mark Rosasco, 15	BRR	1:19:09 (1 ST 18 + UNDER)
7.	Don Layne, 35	BRR	1:19:25
8.	Bailey St. Clair, 35	BRR	1:20:03
9.	Mel Walton, 33	BRR	1:20:14
10.	Carl Soderstrom, 30	BRR	1:21:00
11.	Brad Roberts, 23	Unatt.	1:21:45
12.	Bob McBrien, 38	BRR	1:22:20
13.	Al Filar, 44	BRR	1:25:59 (1 ST OVER 40) <small>new record (masters)</small>
14.	Darryl Russell, 33	BRR	1:25:59
15.	Tim Giles, 35	BRR	1:26:33
16.	Ron MacLeod, 20	Salisbury St. Coll.	1:27:04
17.	Maryln Bevans, 25	BRR	1:29:07 (1 ST WOMAN) <small>course record (woman)</small>
18.	Ed Hewitt, 30	BRR	1:29:07
19.	Burt Dall, 47	RASAC	1:29:42 (2 ND OVER 40)
20.	Angel Gonzalez, 44	Unatt.	1:29:51
21.	Ben Goldstein, 51	BRR	1:30:19
22.	John Sullivan, 29	BRR	1:31:22
23.	Don Heimiller, 43	BRR	1:32:02
24.	Allan Brecher, 18	BRR	1:32:50 (2 ND 18 + UNDER)
25.	Frank Hammel, 27	BRR	1:33:29
26.	Margaret Rosasco, 26	BRR	1:34:00 (2 ND WOMAN)
27.	Clarence Wilson, 37	BRR	1:35:21
28.	Bill Fiege, 46	BRR	1:35:29
29.	Jerry Lynch, 29	Unatt.	1:38:29
30.	Jim Boone, 41	BRR	1:38:52
31.	Fred Wendt, 35	BRR	1:40:22
32.	Steve Rosasco, 42	BRR	1:41:49

Kathy Smith, Kurt Petrucci, Bruzz Jory, Les KInion, David Mahan,
Hal Piper, George Trageser D.N.F.

Starters: 39 (Plus 3 unofficial)
Finishers: 32 (Plus 3 unofficial)

Weather: Overcast skies, Temp. 41 degrees with 76% humidity

LEARNS' SPLITS: 1-7:08, 2-14:25, 3-21:31, 4-28:48, 5-36:11, 6-43:28, 7-50:46, 8-58:11, 9- No Time
PACE: 5:23/MILE

Don Heinicke 12 Miles Road Race - Mt. Hebron High School

1.	Phil Stewart	Washington Sports Clubs	65:32	
2.	Jeff Good	Howard County Striders	68:15	
3.	Mike Ward	" " "	68:20	
4.	Mark Baldino	DCRR	70:38	
5.	Don Marvel	BRR	70:51	
6.	Brent Weisman	BRR	70:59	
7.	Mike Hill	North Baltimore T.C.	72:08	
8.	Don Roberts	Quantico Mar.	72:20	
9.	Larry Noel	Washington Sports Club	73:05	
10.	Vassily Triantos	Greece	73:10	
11.	Bryan Denson	Howard County Striders	73:45	
12.	Chuck Paul	Reston, Va	74:16	
13.	Bailey St. Clair	BRR	74:19	
14.	Frank Rullifin	Potomac Valley V.T.C.	75:15	
15.	Damien Howell	Washington Sports Club	76:27	
16.	Ed Jerome	" " "	76:35	
17.	Steve Kelly	Howard County Striders	77:13	
18.	Mark Rosasco	North Baltimore T.C.	77:48	
19.	Dick Jamborski	DCRR	77:51	
20.	Joe Shea	DCRR	78:54	
21.	Alan Brecher	BRR	79:23	
22.	Tim Giles	BRR	79:55	
23.	John Wall	Howard County Striders	80:01	new record (masters)
24.	Marilyn Bevans	BRR	80:10	Coupe record (women) 1st woman
25.	Les Kinion	Baltimore Firefighters	80:11	
26.	Steve Clapp	DCRR	82:07	
27.	Marty Greenbaum	Washington Sports Club	82:13	
28.	Steve Kenne	Wilde Lake	82:26	
29.	Lenny Patterson	" " "	82:26	
30.	Dick Sullivan	DCRR	83:27	
31.	Jack Rudolph	DCRR	83:49	
32.	Larry Roberts	Howard County Striders	83:53	
33.	Herman Sykes	BRR	84:00	
34.	Bill Diegel	BRR	84:09	
35.	John Hardy	DCRR	84:21	
36.	Steve Rosasco	North Baltimore T.C.	84:40	
37.	Marge Rosasco	" " "	84:40	2nd woman
38.	Danby Zettle	BRR	85:24	
39.	Gus Jacobs	BRR	85:45	
40.	Paul Robertson	DCRR	86:39	
41.	Art St. Martin	DCRR	86:52	
42.	Gordon English	Howard County Striders	87:10	
43.	Clarence Wilson	BRR	87:14	
44.	Cal Anderson	DCRR	87:29	
45.	Bob Brown	Howard County Striders	87:37	
46.	Joe Holland	BRR	87:52	
47.	Hal Piper	BRR	88:56	
48.	Tim Good	DCRR	89:32	
49.	Cliff Boone	DCRR	89:57	
50.	Cathy Smith	BRR	90:09	3rd woman
51.	Joe Shepherd	DCRR	90:22	
52.	Howard Stainer	Howard County Striders	91:56	
53.	Roger Brookhart	DCRR	92:22	
54.	Kathy Good	DCRR	92:52	4th woman
55.	Jim Boone	DCRR	93:33	
56.	Steven Rosasco	BRR	93:52	
57.	Harry Bratt	DCRR	95:38	

Don Heinecke 12 mile road race (cont)

58.	Jack Ward	Howard County Striders	96:39
59.	Dave Hurdis	" " "	97:31
60.	George Richardson	DCRR	101:40
61.	Ted Good	DCRR	101:42
62.	Gary Behrens	DCRR	103:21
63.	Ray Daucherty	BRR	108:40
64.	Ken Brown	BRR	109:37

* Harry Danver finished 12th and Jeff Chernak finished 18th but neither had a time

Predicted Time Winners	Place & Finished Time	T/P	Correction
1. George Richardson	60th 101.40	101.40	0
2. Jeff Good	2nd 68.15	68.20	5 sec.
Larry Noel	9th 73.05	73.00	5 sec.
4. Cathy Smith	50th 90:09	90:00	9 sec.
5. Marty Greenbaum	27th 82:13	82:00	13 sec.
6. Bailey St.Clair	13th 74:19	74:04	15 sec.
7. Bryan Denson	11th 73:45	73:30	15 sec.
8. Tim Good	48th 89:32	89:48	16 sec.
9. Harry Bratt	57th 95:38	96:00	22 sec.

Weather Nice day with temp. in the 50's