



DICK NAIR

Dick became a member of the BRRC in its formative years. He has served as a Delegate on the Executive Board, as BRRC Treasurer, and has volunteered at many local races. He has formerly received distinction as 1982 BRRC Master Runner of the Year.

Dicks running performances span the spectrum of distances from the marathon to the track with impressive finishes as a Master runner.

His finishes in the Constellation 6 miles and 10K were remarkably consistent:

6 Miles

1976	34:17
1977	33:59

10K

1978	34:36	44th	
1979	34:48	49/1715	3 rd Master
1980	35:46	8/1728	
1981	34:04		4 th Master
1982	35:29	111/3484	

Impressive times at other distances include:

1979 Goucher College 5K	17:06 (less 5:30 pace)
1980 Hillside 10K	33:37 (less 5:30 pace)
1977 Loch Raven 7 Miles	39:40 WON

Dick also recorded consistent performances at the 10 mile distance—Loch Raven, Gunpowder, Annapolis, and Ocean City in times ranging from 57:30-59:44.

He was on a winning BRRC Master's team at the Philadelphia Half Marathon clocking his personal time at 77:58.

Dick has run 7 Maryland Marathons (Satyr Hill) and 6 Boston Marathons (1974-1979) with finishing times ranging from 2:52 to low 3 hours.

Recorded results for BRRC's Running Tetrathlon—440/880/mile/2 mile:

440	1.01
880	2.19
Mile	4:56
2 Mile	10:50

At the BRRC's Meet of Miles, Dick finished first in the 40 year age group with a time of 4:57 in 1979 and 4:54 in 1980.

His pursuit of excellence on the track continued as a member of the Maryland Master's Track Club. 1996 outdoor track records (55-59) :

1000 Meters	3:22.0
1200 Meters	4:12.0
1600 Meters	5:49.0
2000 Meters	7:31.0
3200 Meters	12:32.0
2 Miles	13:07.0

He participated in the Maryland Senior Olympics turning in first place (55-59) times for the 800 (2:35) and 1500 (5:26.20) meter events. He qualified and made a strong competitive finish at the National Senior Olympics in San Antonio, Texas in 1997.

He and his wife, Jean, competed in the BRRC Husband/Wife relays placing 3rd in 1977 (17:22) and 2nd in 1978 (17:02) and 1979 (16:45).

Dick trained seriously, raced competitively, and proudly represented the BRRC in his endeavors.

Congratulations, Dick, on your selection to the BRRC Hall of Fame.

2005
Christy B. St.Clair