



STACEY NICHOLSON

Stacey has logged an impressive running history over her years of racing and running. She competed in high school cross country at Hereford High School where she was inducted into the school's Athletic Hall of Fame. At Bucknell University, where she earned a degree in civil engineering, she continued to race during her college career and, upon returning to Baltimore, she became a serious contender on the local scene.

Her racing resume includes outstanding performances over all distances.

She has been a familiar face at the Lady Equitable turned Lady Avia, etc. In 1991 she won the Baltimore Ladies Classic 10K in a time of 35:46. That same year she placed 2nd in the GPS Loch Raven 10 miler in 65:16 behind Marge Rosasco (64:02) and led the BRRC women in the MD/DC RRCA 10 Mile Club Challenge in a time of 60:06.

Stacey's 1993 finishes include:

Orioles Advocate 8K	28:08	1st
5000 Meter (Towson State's track)	17:04	1st
BRRRC Crustacean Crawl 4 Miles	22:50	1st
Constellation 10K	34:57	2nd

At the Women's National 5K Championship in Albany, N.Y. she finished 22nd out of a field of 1200 runners.

Stacey placed first in 8 races in 1995 earning her the BRRRC's prestigious Female Runner of the Year:

St. Patrick's Day 5K	17:10
Clyde's 10K	36:08
Druid Hill Park 8K	28:50
Zoo Zoom 5 Miles	29:17
Race for the Cure 5K	18:15
Turkey Trot 5K	17:38

Her debut marathon was Marine Corps in 1990 where she ran 3:04:44. She only ran the Boston Marathon once and vowed never to return. Her 2:47:32 in the 1995 Houston Marathon earned her a qualifying spot for the 1996 Olympic Trials.

Notable among her 10 mile races:

Annapolis 10 Miles		
1991	59:51	1 st place
1995	64:20	
1996	61:05	

Cherry Blossom 10 Miles	
1997	71:36
1998	62:20

Seaside 10 Miles	
1995	60:58

By far, Stacey considers her most outstanding and memorable race being the 1996 Women's Olympic Trials Marathon and a great PR finish in that race.

