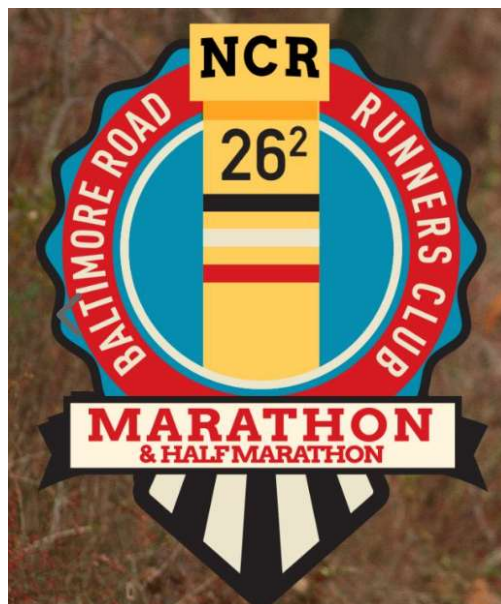




Where Are You Running This Weekend?

The Baltimore Road Runners Club (BRRC) wants to make sure you have every opportunity to run with the Greater Baltimore running community. Here is our updates on running opportunities for the weekend and near future.

NCR Marathon and Half Marathon November 28th Volunteer Sign Up Now Available



We are now ready to begin sign up for volunteer positions at the NCR Marathon and Half Marathon on November 28th. We are trying a new format- instructions are below, but we are hoping you will use the Run Sign Up site to pick your preferred site for a race volunteer position and pick your premium size. Race director Pete

Mulligan has been designing a great sweatshirt, and the coveted Race Blanket will also be available for volunteers. Please note that we expect all prior volunteers to have first dibs on their prior years assignments- if they want them. No panic allowed if the site says it is full and you want to be there. We will make it work! That said- runners get first choice of the sweatshirt sizes, but even without AI we should have your sweatshirt size available.

And- Volunteering at the NCR Marathon and Half gets you credit in our GPS Series as your required GPS volunteer spot!

To register for a volunteer spot-
Use this link- [NCR Marathon Volunteer](#)

Saturday

BRRC Long Run Training Group

Our Saturday run group meets at Loch Raven at the corner of Morgan Mill Road and Loch Raven Drive. Meet at 7 am. The plan is 11 miles.

You can sign up now for the group and get all the details at-
[**Long Run Training Group**](#)

BRRC Beginner /Intermediate 5K Training Group

The group meets at CCBC in Essex

CCBC Essex -- 7201 Rossville Blvd, Baltimore, MD 21237

Meet in Parking Lot 2, around on the back side of the Athletic Dome.

Time: 6:45 AM, take-off at 7

Runners should bring their own water.

To sign up-

[BRRC Beginner/Intermediate 5K Training](#)

Pacemakers

The Pacemakers is a great group that meets in different areas of Baltimore City and County. Bob Hilson has mapped out every inch of the Baltimore area and knows every small coffee shop and diner. The group varies from 20-50 on any given Saturday and a runner can usually find a suitable pace with others. Bob also has a written direction map for those who might need it. And, as an extra bonus- he collects old but usable running shoes to be shipped to Haiti. Here is Bob's info for this week:

Yo, **The Run** is set for Saturday, a pleasant and requested stroll with a challenge or two that wanders through bits of the Remington, Druid Hill Park, Hampden and Roland Park neighborhoods.

We launch at **7 a.m.** (yes, **7 a.m.** for the next few months) from Common Ground, 3543 Chestnut Ave. in Hampden, and get the chance to run either 4, 6.4, 10, 13 or 14 miles. *What a bargain.*

Shoes for Haiti?

NCR Trail Snails

Our group run will be at Loch Raven Reservoir Sat at 7:30 am, meeting at the lower lot of McFaul's Iron Horse Tavern, located at the corner of Cromwell Bridge Road and Loch Raven Drive. McFaul's asks that we be out of the lot by 11:00 am, unless you are staying for breakfast/lunch. Run the road or the trails at a distance and pace of your choice.

See you on the run.

Rich

The NCR Trail Snails

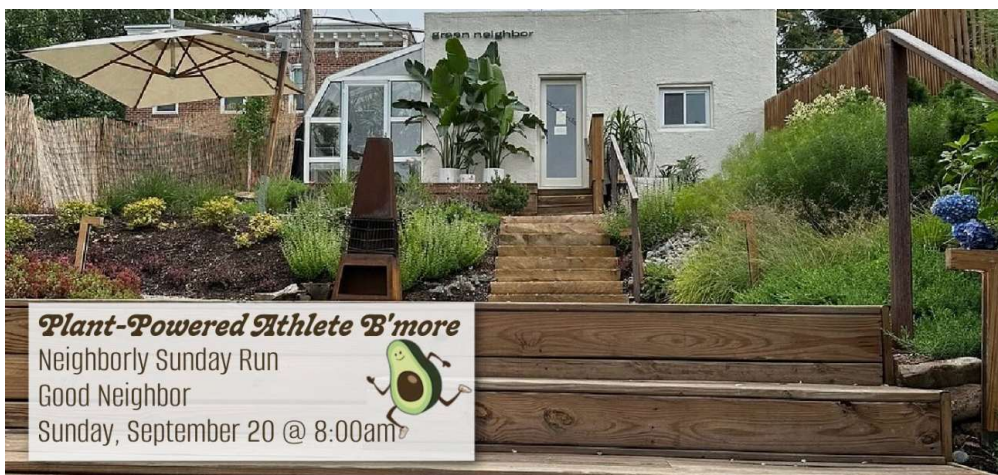
"we're behind you all the way"

Sunday

BRRC Sunday Trail Run **Cromwell Valley- Start at top of Providence Road Hill** **8:00 am**

Let's try a little variety. Meet at the top of Providence Road Hill, about 3/4 mile up from the intersection of Providence Road and Loch Raven Drive. For GPS you can use 1620 Providence Rd 21286. We can then enter Cromwell Valley park from the north side or head into the Seminary Road trails. No one left behind.

Plant Powered Athletes B'More **Good Neighbor** **3827 Falls Road 21211** **8:00 am (Note that one post says 8:30 start. I would say get there at 8 so you don't miss out)**



Runners and walkers of all experience levels and humans of all diets are invited to enjoy a few friendly miles and a plant-powered refuel after at Good Neighbor, home to one of the most beeeautiful outdoor spaces in Baltimore. Here's the scoop:

~ Plenty of street parking on Falls Road and side streets

- ~ Meet out in front of Good Neighbor @ 8:00am, and we'll take off shortly after
- ~ Route will be posted within the event: We'll head west on Union Ave, crossing the light rail tracks and the north on Clipper Road, which becomes the paved Jones Falls Trail
- ~ Go as far, as fast as you choose (most folks will run 4-6 miles)
- ~ When you get back, order your carbs + caffeine and check out the beautiful selection of books, plants, housewares and more in this lovely independent shop, then head to the outside seating!

On The Horizon

Trails 4 Tails

40 Mile Ultra, 40 Mile Relay, 25K

September 19th

Hanover, PA

Approved by Otis- Proceeds Benefit Animal Rescue



A 40-mile ultra, team relay, or 25K trail race showcasing a mix of terrain, including

about a mile of pavement, open fields, and winding singletrack. When conditions allow, the course also includes a scenic stretch along the lake shoreline. Runners will pass through the Chestnut Orchard, the site of Rummel Farm, and the historic Mary Ann Furnace area, blending natural beauty with local history.

Trails 4 Tails

Police Pace 5K,10K and 1 Mile September 20th Ellicott City

Help the Howard County Police Foundation raise funds to support the department with special needs and programs not met through the annual budget process, including youth programs, special equipment and scholarships. A portion of all registration fees is donated to the Police Foundation. This race is appropriate for all level runners. Race registration includes a shirt and finisher medal. Pets, baby joggers/strollers, and any other non-official wheeled vehicles are prohibited.

Police Pace

Falls Road Running/ Baltimore Running Festival Preview Run September 26 7 am Start (Promptly) - Pulaski Monument at Eastern Ave and S Linwood Ave

Great opportunity to enjoy a guerrilla run through the Baltimore Marathon course.

* At least one water stop but runners encouraged to bring your own water bottle and energy supplements

*NO BATHROOM FACILITIES (Maybe at Patterson Park start and finish)

- * Parking in neighborhoods around Patterson Park. Be respectful.
- *Not timed. Bring your watch
- *Course is NOT closed to traffic- CAUTION
- *10 and 20 Mile routes
- * Contact Pete at pete@baltimorerunning.com to RSVP as to whether you want the 10 mile or 20 mile options or click Going or Maybe on the Facebook page. This gives us an idea as to numbers to expect

Bring your old running shoes to recycle / donate as we have a great program to send your gently worn shoes to people of need in Haiti. Three water stops along the course. Please carry your own hydration device. Streets are open to cars, this is not a closed course. We recommend you run on sidewalks when possible. Use caution. Hydrate early & often - don't forget the sunscreen.

Gourdy's Pumpkin Run 5K September 26th Inner Harbor- West Shore Park

Starting and finishing at West Shore Park in the heart of the Inner Harbor, the course winds along the waterfront with Baltimore's skyline as the backdrop. Late September marks the turn toward fall in Maryland. Summer humidity starts to break, giving way to cooler, sun-soaked mornings that are perfect for a harbor-side run. Flat and fast, this course lets first-timers and veterans alike enjoy the stunning fall foliage. Celebrate your finish with a medal photo overlooking the water and a well-earned cup of apple cider!

[Gourdy's Pumpkin Run](#)

Charm City Run 20 Miler

September 27th

NCR Trail

Join us Sunday, September 27, 2026 for the annual Charm City Run 20-Miler on the Torrey C. Brown (NCR) Trail. This race is perfect for runners training for a fall marathon as it lines up well in training blocks for Baltimore, Steamtown, Chicago, Marine Corps, Richmond, and many other popular races. The course is loved for its gentle downhill profile, 6 aid stations along the way (PLUS indoor restrooms at Monkton Station!), and tree coverage almost the entire way. The NCR Trail is a hardpacked gravel surface.

Charm City Run 20 Miler

Snack Town RunFest- 5K,10K, Half Marathon

October 3rd
Hanover, PA

This extravaganza of all things snack seems to be a fan favorite- always a contingent of BRRC runners make the trip to Hanover,PA- home of Utz. No un-processed goodies on this trip!

ALL PROCEEDS SUPPORT LIVESTRONG AT THE YMCA CANCER SURVIVOR PROGRAM AND OTHER NEED BASED PROGRAMS

SnackTown Run

Festival at Bel Air 5K

October 3rd

Miles That Matter. A Stable Home Changes Everything.

Join us Saturday, October 3, for the inaugural Festival at Bel Air 5K - a chip-timed race and community event benefiting Harford Family House.

Whether you're racing for a personal best, walking the 1K with friends or supporting from the sidelines, your participation helps Harford County families and individuals experiencing homelessness move toward safe housing and lasting stability.

Your miles can move a local family forward.

Register today, make a donation or create a fundraising team.

Every registrant receives a commemorative race T-shirt, free onsite parking and access to the post-race festival. Chip-timed 5K finishers also receive a finisher medal.

Event proceeds and donations benefit Harford Family House.

Use code BALT26 to get discounted entry

Festival at Bel Air 5K

BRRC GPS Half Marathon October 4th NCR Trail

This is one of the 9 races in our BRRC Grand Prix Series. Course begins just north of Sparks Road on NCR Trail, heads north to Monkton Road, turns back south to Paper Mill Road, then back north to finish at Sparks Road.

Registration will begin at 7:00 AM. Entry fees are free to our members, \$15 for non-members. But- If you register as a member it is free. What a bargain! Donations are appreciated from members. The course is smooth and flat, on the historic (since 1832!) NCR trail. Course begins at the Sparks Road crossing of the NCR Trail (<https://brrc.com/ncr-trail-torrey-c-brown-trail>, Location P6). Parking space is very limited at the trail crossing. There is abundant Free Parking located approximately 0.4 mile walk from the trail, at the abandoned stone school building, at 1036 Sparks Rd., Sparks Glencoe, MD 21152, west of the NCR trail crossing. GPS is 39°32'19.3"N 76°38'39.5"W.

We will be awarding prize money to BRRC members for the top three male and female overall finishers – 1st place, \$50 – 2nd place, \$40 – 3rd place, \$30

Prize Money for 1-2-3 and 1st Masters



We are looking for a few more volunteers to help with race morning.
Volunteer by sending an email to Catherine Field at cfieldrn@gmail.com .

Sign up online and morning of race
BRRC GPS Half

BRRC Water Stops at Baltimore Running Festival October 17



Thanks to the amazing turn out we get, we have taken a leap of faith this year and offered to staff TWO water stops, WS #2 and WS#3.

Volunteers can choose one of the two water stops and then we will still plan to head to the Paper Moon Diner for breakfast after.

Thanks to all the people who have already registered! We are making great progress but could use a little more help, especially at WS#2.

The Baltimore Running Festival is Oct 17, and as we have every year of this race, BRRC will be volunteering. We are staffing two water stops, water stop #2 and water stop #3. Volunteers at both

water stops will have a chance to socialize together when we meet at Paper Moon for breakfast after.

Please consider signing up to volunteer, and please feel to invite a friend (or two)! This is always a fun event, hence the great turnout we get.

Please register on the Baltimore Running Festival Website for either WS#2 or WS#3 (we need more people at #2, can also use a few more at #3) :

<https://www.thebaltimoremarathon.com/Race/Volunteer/MD/Baltimore/TheBaltimoreRunningFestival>

Please also email me (50shares@comcast.net) so I know who has registered.

thank you for considering volunteering!

WS#2

Lake Drive & Swan Drive

Time: 6:30 am - 10 am

WS#3

Wyman Park Drive near Johns Hopkins

Time: 6:45 am - 10:15 am

Baltimore Running Festival
Marathon, Half Marathon, 10K,5K
October 17th

Baltimore's Big Day of running. If you don't know- you must be new here.
[Baltimore Running Festival](#)

Barks and Boos
October 17th

Baltimore Humane Society
1601 Nicodemus Road, Reisterstown, MD

Rain date: Saturday, October 31

Right now, Baltimore Humane Society is caring for more animals than ever who need safety, healing, and a place to call home. This October, you can help us help them — all while having the best fall day of your year.

Join us for our **First Annual Barks & Boos!**, a play, walk, run, and hike fundraiser right on our grounds. Bring your leashed, well-behaved pup — or come solo. Everyone's invited.

Every registration goes straight to medical care, food, and shelter for animals with nowhere else to turn.

Every registration goes straight to medical care, food, and shelter for animals with nowhere else to turn.

Barks and Boos

GPS Big Gunpowder Trail Race
October 18th

At 5 (ish) miles the Big Gunpowder race is the shortest in the BRRRC trail series. But don't let that fool you! There's still plenty of excitement in those miles, including a killer climb at the start, some great downhills, a fast finish and some of the prettiest single-track around.

This race is powered by donations only. No registration fee but please be ready to donate what you feel appropriate at bib pickup.

Registration is race day only starting at 8:15am.

Directions: 695 to exit 32B, Belair Road N

Parking area is on the east side of the road. If parking is full, please park across Belair Road at the Park and Ride, next to our friends at the Gunpowder Lodge. This is free parking and you can safely walk through the underpass foot path to our race. DO NOT park at the Gunpowder Lodge lot, you will be towed.

Patapsco Valley 25K/50K
October 24th

Welcome to the 13th annual Patapsco Valley 50k AND the 5th running of the Patapsco Valley 25k! We are excited to have our race headquarters back at CCBC-Catonsville!

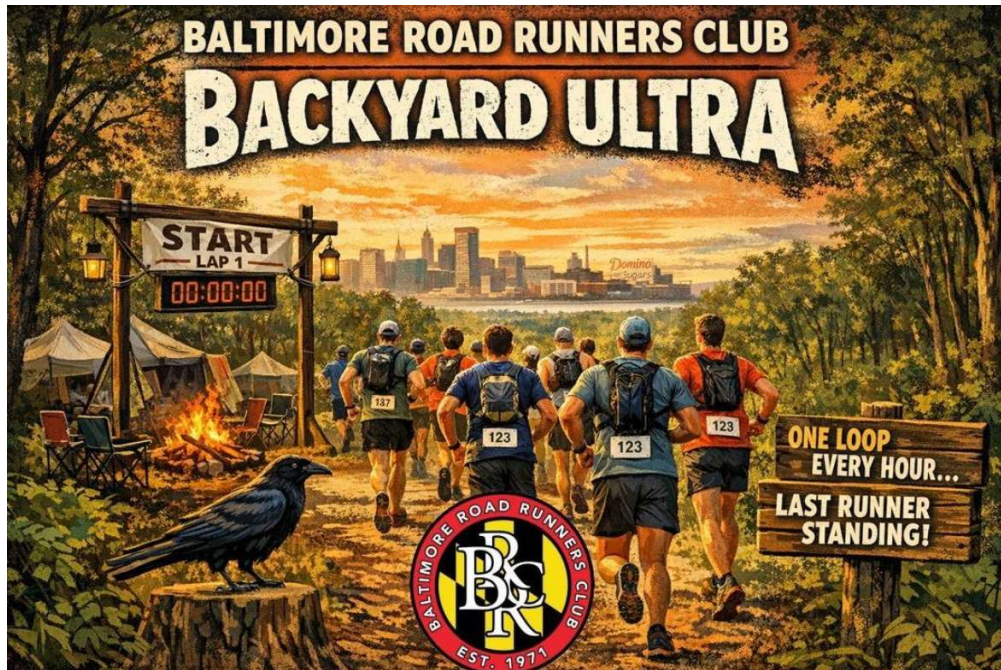
ALL runners, including virtual runners, will receive a high-quality Brooks event shirt, an additional PV50K/25K logo premium item (knit hat, socks, gloves, buffs are examples of previous premiums we have offered), a scenic and historic well-marked trail course, 5 well-stocked aid stations run by some of the best volunteers in ultra-running, post-race food and drink, and a one-of-a-kind finishers award: PV50K finishers receive our famous, unique and coveted hand-thrown mug- 25K finishers can expect an amazing finishers medal when you cross the line. Runners will be going CLOCKWISE on the course in 2026!

Patapsco Valley 25K/50K

Marine Corps Marathon
October 25
Registration begins April 6-
MCM Registration Info

Recognized for impeccable organization on an iconic course managed by the U.S. Marines in Arlington, VA, and the nation's capital, the Marine Corps Marathon is now the third largest marathon in the United States and remains one of the largest in the world. Known as "the best marathon for beginners," the MCM is also the largest marathon in the world that doesn't offer prizemoney, earning its proud nickname, "The People's Marathon"

BRRC "Mackyard" Ultra
October 31st



Who will be the last one standing?

The Baltimore Road Runners Club is thrilled to bring a sanctioned backyard ultra to the Baltimore running community by partnering with race founder Mac McComas to present the 5th annual Mackyard Ultra!

For those unfamiliar with backyard ultras, it is commonly referred to as a "last man standing" event. Runners will complete a 4.1667 mile course each hour until one person completes a lap (called a yard) by themselves. That person is the winner and only finisher of the race.

The race will take place at Shawan Downs on their cross country course, so be ready to run on grass with plenty of ups, downs, twists, and turns to keep you engaged on each out and back lap. Doesn't every runner relish running as many 4.167 mile loops as they can over 24 to 48 hours ?

Limited to 100 entrants. This Will Sell Out- Sign Up Soon!

Mackyard Ultra Sign Up

Annapolis Striders Rosaryville 20K/50K November 14th

The 50K course is basically 3.25 loops around the 9.5-mile single track perimeter trail. There are no big climbs nor descents but the rolling hills add up to a total elevation gain of about 2600ft.

The Start/Finish is at the Pavilion picnic area. From the start, runners go 0.7 miles on paved road to Aid Station #1 (AS #1) where they enter the perimeter trail, running in a counter-clockwise direction. About 2.25 miles on the trail from AS #1 is the bag drop area. AS #2 has been moved back to it's original location. From AS #1 to AS #2 is approximately 4.5 miles. Runners complete two more loops on the trail then continue to the bag drop area where they exit the loop for a short sprint across a grassy field to the finish. The course is mostly in deep woods; the trail is mostly single track but not very technical. The course is well marked with white pie plates and white confidence ribbons. There are other markers on the course that have been put there by other people for other purposes. Look for the white markers only.

The 20K course is basically 1.25 loops around the 9.5-mile single track perimeter trail. There are no big climbs nor descents but the rolling hills. The Start/Finish is at the Pavilion picnic area. From the start, runners go 0.7 miles on paved road to Aid Station #1 (AS #1) where they enter the perimeter trail, running in a counter-clockwise direction. About 2.25 miles on the trail from AS #1 is the bag drop area. AS #2 has been moved back to it's original location. From AS #1 to AS #2 is approximately 4.5 miles. Runners complete one loop on the trail then continue to the bag drop area where they exit the loop for a short sprint across a grassy field to the finish. The course is mostly in deep woods; the trail is mostly single track but not very technical. The course is well marked with white pie plates and white confidence ribbons. There are other markers on the course that have been put there by other people for other purposes. Look for the white markers only

Rosaryville Trail Race

Tuckahoe 25K November 21, 2026 Queen Ann, MD

Great trail run in Queen Ann, MD (Eastern shore)
Registration now open- already more than 200 signed up and always sells out early (300 limit)

[Tuckahoe 25K](#)

NCR Marathon and Half Marathon Registration is Open!



NCR MARATHON & HALF MARATHON | NOVEMBER 28, 2026

Join us this Fall for our Premier Event! Runner registration is now open. This will sell out- time to guarantee your spot now! Volunteer opportunities will begin after Labor Day.

NCR Sign Up

BRRC Training Groups

Long Run/ Half Marathon Training and Beginner/Intermediate 5K Training has begun. Wednesday Night track will continue at Carver High. See links above to register, or at BRRC.com

Track workouts on as weather permits- check the BRRC Facebook page if questionable weather.

This note will be sent weekly on Thursday evening to inform the community about running opportunities for the weekend as well as recurring runs and upcoming events. Please let us know if you have a group that wants to be included- President@brrc.com is best way to get to us. We may not put every race on the list, but will try to put the most relevant events and groups for our members and even non-members

Copyright © 2026 Baltimore Road Runners Club, All rights reserved.

You are receiving this email because you gave your permission when you first joined BRRC to receive periodic communications from the organization.

Our mailing address is:

Baltimore Road Runners Club
PO Box 9825
Baltimore, MD 21284

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

