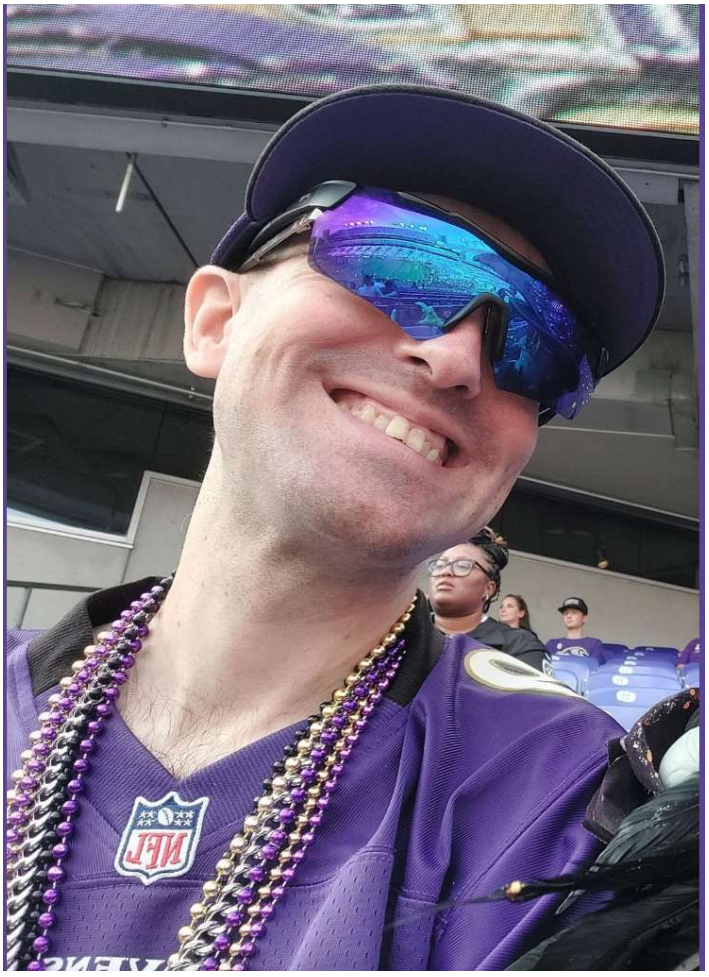
Where Are You Running This Weekend?

The Baltimore Road Runners Club (BRRC) wants to make sure you have every opportunity to run with the Greater Baltimore running community. Here is our updates on running opportunities for the weekend and near future.

Condolences to Robin and Phil Goodwin

Ian Goodwin, son of longtime BRRC member Robin Goodwin and Phillip Goodwin passed away on October 20th., at age 38. Ian was often at our races to cheer his mom, and was often at our summer picnic to help set up and enjoy the festivities. He was an avid Ravens and Orioles fan, and will be missed.



Friday

BRRC Halloween Eve Fun Run

October 30th

Boo! We're Back! Join us again for our annual Halloween Eve Fun Run in Hampden!

Let's gather at 5:30-6:00 PM, and we will leave Waverly Brewing, at 1625 Union Ave, in Baltimore at 6:00 PM, en mass, and make the short trot to the very cool hidden Tibetan Labyrinth and Prayer Flags, then be off to Saint Mary's Cemetery on 39th, and then to the lights of 34th Street, before returning to Waverly Brewing.

We have our traditional routes of a 2 mile walk, 3 miles run, and 4 miles run. All routes gather up at the 1 downhill mile to go, at the lights of 34th Street.

We will ordain you with glow sticks and have Pizza and Waverly beer at the finish! Halloween attire and accessories are optional. Families and 4 legged friends are welcome!

On-site, event day registration only. Free to our members, our volunteers, and our guests. Here is our Facebook Event Weblink (when available).

If you want to volunteer or have questions please get in touch with Henry Peck at henryrpeck@gmail.com or Valencia Hike at valenciahike@gmail.com

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Saturday

BRRC "Mackyard" Ultra

Volunteers Still Needed- Sign Up for a 4 Hour Shift

Mackyard Volunteers

Volunteer shifts begin at 6 am Saturday morning. First volunteers will assist with parking and race start. Once the race starts at 8 am we need people for start/finish and at turn-around.

Come out to cheer and picnic! It should be a beautiful day and location to follow the race!

Who will be the last one standing?

The Baltimore Road Runners Club is thrilled to bring a sanctioned backyard ultra to the Baltimore running community by partnering with race founder Mac McComas to present the 5th annual Mackyard Ultra!

For those unfamiliar with backyard ultras, it is commonly referred to as a "last man standing" event. Runners will complete a 4.1667 mile course each hour until one person completes a lap (called a yard) by themselves. That person is the winner and only finisher of the race.

The race will take place at Shawan Downs on their cross country course, so be ready to run on grass with plenty of ups, downs, twists, and turns to keep you engaged on each out and back lap. Doesn't every runner relish running as many 4.167 mile loops as they can over 24 to 48 hours ?

Shawan Downs is on Shawan Road, just east of Falls Road. Enter on gravel drive just behind the John Brown Store.
1401 Shawan Road
Cockeysville,MD 21030

BRRC Long Run Group

We are back for the next few weeks at Loch Raven. Meet at 7am at the "Big Rock", at the corner of Loch Raven Drive and Morgan Mill Road. The group should continue for the next few weeks, then decide on Winter plans.

Pacemakers

The Pacemakers is a great group that meets in different areas of Baltimore City and County. Bob Hilson has mapped out every inch of the Baltimore area and knows every small coffee shop and diner. The group varies from 20-50 on any given Saturday and a runner can usually find a suitable pace with others. Bob also has a written direction map for those who might need it. And, as an extra bonus- he collects old but usable running shoes to be shipped to Haiti. Here is Bob's info for this week:

Hey, **The Run** is set for Saturday, a mostly hill-less stroll around the Inner Harbor areas that includes brief visits to the Canton, Fells Point, Patterson Park, Inner Harbor and Federal Hill communities.

We launch at 7 a.m. from Adee's Coffee, 1625 Fleet St. in Fells Point, and get the chance to run either 4.3, 7.2, 10, 12, 15 or 18 miles.

Shoes for Haiti?

NCR Trail Snails

Our group run will be at Loch Raven Reservoir Sat at 7:30 am, meeting at the lower lot of McFaul's Iron Horse Tavern, located at

the corner of Cromwell Bridge Road and Loch Raven Drive. McFaul's asks that we be out of the lot by 11:00 am, unless you are staying for breakfast/lunch. Run the road or the trails at a distance and pace of your choice.

Distance and pace of your choosing.
See you on the run.
The NCR Trail Snails
"we're behind you all the way"
ncrtrailsnails.com

Sunday

BRRC Sunday Trail Run
Oregon Ridge Park or Shawan Downs
8:00 am

Our slightly flexible plan is to run at Oregon Ridge at 8:00 am. BUT- The "Mackyard" Ultra may still be underway at Shawan Downs- right across the street from Oregon Ridge. Show up at Shawan downs prior to 8 and we can either run over to the Oregon Ridge Trails- or try a few loops around the Mackyard Ultra course. Enter via gravel driveway just behind the John Brown Store which is just east of the corner of Shawan Road and Falls Road.
1401 Shawan Road
Cockeysville,MD 21030

On The Horizon

Rock Your Socks 5k
November 7th

Step Up to Help End Homelessness!
All ages are welcome at the family-friendly **Rock Your Socks 5K!** Join Health Care for the Homeless as we run to end homelessness in Baltimore.

This year, we're bringing it back to Lake Montebello for our 5K and 1-mile Family Fun Lap.

Register as an individual or create a team with your friends and family.

Every dollar you raise supports the mission of Health Care for the Homeless and helps neighbors regain **health and a safe place to call home.**

Rock Your Socks

Bay Bridge Run
November 8th

Maryland's most unique experience! Don't miss out on the chance to run or walk over the Chesapeake Bay. The beloved Maryland tradition returns with a 10 kilometer, 6.2 mile point-to-point course will take runners over the eastbound span of the 4.35 mile long Chesapeake Bay Bridge, which reaches 186 feet at its tallest point. Participants will experience water vistas dotted with sailboats and cargo ships from atop a major dual-span bridge that doesn't allow pedestrian traffic at any other time of the year. This event happens once a year and is the only way to cross this majestic span on foot.

Bay Bridge Run

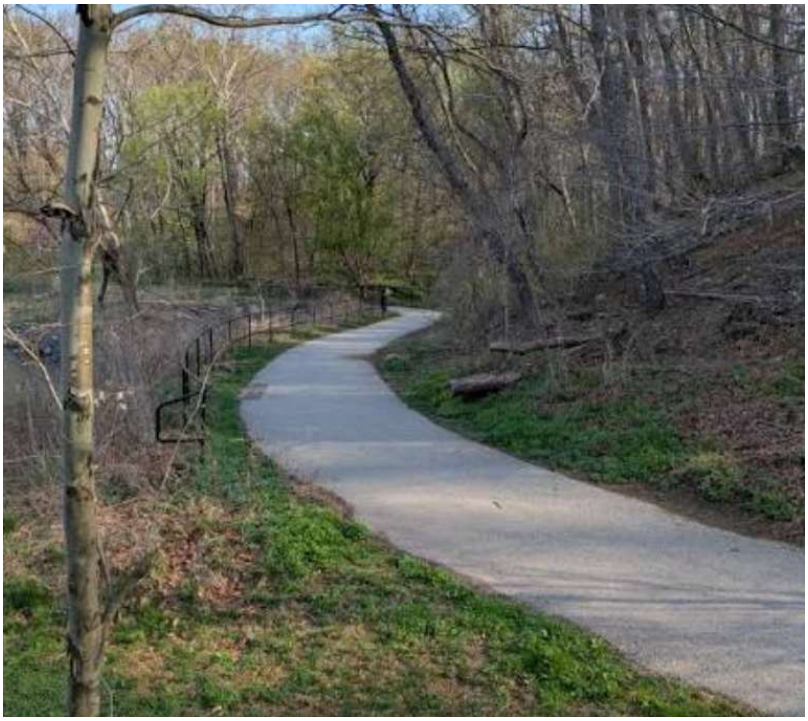
Annapolis Striders Rosaryville 20K/50K
November 14th

The 50K course is basically 3.25 loops around the 9.5-mile single track perimeter trail. There are no big climbs nor descents but the rolling hills add up to a total elevation gain of about 2600ft. The Start/Finish is at the Pavilion picnic area. From the start, runners go 0.7 miles on paved road to Aid Station #1 (AS #1) where they enter the perimeter trail, running in a counter-clockwise direction. About 2.25 miles on the trail from AS #1 is the bag drop area. AS #2 has been moved back to it's original location. From AS #1 to AS #2 is approximately 4.5 miles. Runners complete two more loops on the trail then continue to the bag drop area where they exit the loop for a short sprint across a grassy field to the finish. The course is mostly in deep woods; the trail is mostly single track but not very technical. The course is well marked with white pie plates and white confidence ribbons. There are other markers on the course that have been put there by other people for other purposes. Look for the white markers only.

The 20K course is basically 1.25 loops around the 9.5-mile single track perimeter trail. There are no big climbs nor descents but the rolling hills. The Start/Finish is at the Pavilion picnic area. From the start, runners go 0.7 miles on paved road to Aid Station #1 (AS #1) where they enter the perimeter trail, running in a counter-clockwise direction. About 2.25 miles on the trail from AS #1 is the bag drop area. AS #2 has been moved back to it's original location. From AS #1 to AS #2 is approximately 4.5 miles. Runners complete one loop on the trail then continue to the bag drop area where they exit the loop for a short sprint across a grassy field to the finish. The course is mostly in deep woods; the trail is mostly single track but not very technical. The course is well marked with white pie plates and white confidence ribbons. There are other markers on the course that have been put there by other people for other purposes. Look for the white markers only

Rosaryville Trail Race

BRRC GPS Cross Country 5K
November 15th
7:15 am Registration
8:00 am Race
Herring Run Park- Belair Rd at Chesterfield Rd 21213



Join us for a 5K Cross Country jaunt through the course at Herring Run Park. Race begins with XC style start with plenty of field running to thin out the runners and walkers. Course deviates from local High Schools course with more trail- road shoes are OK but there are some technical sections which would benefit from trail shoes. Mix of paved, field and technical single-track surfaces. The run is literally over the river(2x) and thru the woods…. This promises to be a fun early Sunday morning run. Get your kids out after XC season to show off their fitness. Great speed workout for the Celtic Solstice!!

This is the final GPS race of the year. Volunteers needed as there are many turns in this tight space so better sign up as a volunteer if you have not yet done so.

To volunteer-
Darin Crew- darinashleycrew@gmail.com

NCR Marathon and Half Marathon

November 28th

80% Full- This Will Sell Out

Join us this Fall for our Premier Event! Runner registration is now open. This will sell out- time to guarantee your spot now!

NCR Sign Up

Volunteer Sign Up available online. We are trying a new format- Use the Run Sign Up site to pick your preferred site for a race volunteer position and pick your premium size. Race director Pete Mulligan has been designing a great sweatshirt, and the coveted Race Blanket will also be available for volunteers. Please note that we expect all prior volunteers to have first dibs on their prior years assignments- if they want them. No panic allowed if the site says it is full and you want to be there. We will make it work! That said- runners get first choice of the sweatshirt sizes, but even without AI we should have your sweatshirt size available.

And- Volunteering at the NCR Marathon and Half gets you credit in our GPS Series as your

required GPS volunteer spot!

To register for a volunteer spot-
Use this link- NCR Marathon Volunteer

Holiday Hustle 5K/McFauls Brunch December 6th

2026 BRRC Annual Holiday Hustle and Buffet Brunch Social on the Deck!
Inviting all running enthusiasts, BRRC members, and volunteers! Join us to close out the BRRC's racing season and celebrate the holidays!

5K run/walk and Buffet Brunch Social on Sunday, December 6, 2026. The race course reveal is TBD but be assured it will be an out and back course on Loch Raven Drive starting at either the north or south end (Peerce's or McFaul's) of the scenic reservoir with or without THAT hill.

Following the race and awards, we will meet at McFaul's for brunch—10 AM-noon. Brunch menu can be found on BRRC website.

McFaul's Iron Horse Tavern: 2260 Cromwell Bridge Rd, Parkville, MD 21234. (Cromwell Bridge Rd at Loch Raven Drive). Plenty of parking is available in the lot behind the restaurant—please do not park in the upper lot on Cromwell Bridge Rd and consider carpooling where possible.

Race Day Registration: 8:15 AM Race: 8:45 AM
Awards: First three overall Male/Female, First Male/Female ages 10/under, 11-15, 16-19, 20-29, 30-39,and five-year age groups 40-90+. Awards presentation: 9:45 AM at registration site.

We encourage online registrations to ensure an adequate headcount for planning purposes.
Online Registration: "Spooktacular" Flash Sale: 10/31-11/5/26
Early Bird/Discounted fees 11/6-11/18/26

Customary Online Registration will be available 11/19-11/28/26.
Holiday Hustle Sign Up

Race Directors: Christy and Bailey St.Clair Volunteers needed: saint15@comcast.net

BRRC Annual Meeting
Monday, December 7th- Save the Date
Towson Library

Celtic Solstice 5 Mile Race
December 12th

This Baltimore classic run is the best holiday party that ends about 11 am. Capped at 3300 of your closest running friends, with great premiums and great after party. They are calling this year's race, "The Year of the Otter"

Celtic Solstice

BRRC Training Groups

Long Run/ Half Marathon Training and Beginner/Intermediate 5K Training finished with runs at the Baltimore Running Festival. Long runs at Loch Raven will continue October 24 until at least November 21. Wednesday Night track will continue at Carver High. Spring training groups will start in late winter

Track workouts on as weather permits- check the BRRC Facebook page if questionable weather.

BRRC Board Nominations Wanted

The BRRC Board consists of 8 At-large delegates and the President, Vice-President, Treasurer, and Secretary. The Board meets about once per month, with a break for June, July, and August. Meetings are generally fun, with emphasis on maintaining our high quality, low key runs and events. Board Members hopefully are active and interested members of the club. Competitive runners, mid-pack runners and back of the pack runners all are welcomed.
If you are interested or wish to nominate someone, contact Michael Nasuta at President@brrc.com or Rachel Black at Marchesangel@aol.com

This note will be sent weekly on Thursday evening to inform the community about running opportunities for the weekend as well as recurring runs and upcoming events. Please let us know if you have a group that wants to be included- President@brrc.com is best way to get to us. We may not put every race on the list, but will try to put the most relevant events and groups for our members and even non-members

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